



# SPORT GUIDELINES

## BASKETBALL BOYS & GIRLS

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

**Approved: October 10, 2017; Revised January 12, 2023**

### 1. Season

- 1.1 Boys and Girls Basketball are both Winter Sports, as defined by NCS.
- 1.2 Starting dates for practice will be determined by NCS.

### 2. Contest information

- 2.1 Games will be played on Tuesdays and Fridays.
- 2.2 Game times on weekdays are Girls Varsity 7:30 PM, Girls JV 6:00 PM and Girls Frosh 4:30 PM; opposite site Boys Varsity 7:30 PM, Boys JV 6:00 PM, Boys Frosh 4:30 PM. For Saturday games, Varsity 7:00 PM, JV 5:30 PM and Frosh 4:00 PM. For all DAL games with only a double header, Varsity 7:00 PM and JV 5:30 PM
- 2.3 If schools mutually agree games can be 1<sup>st</sup> round Boys JV 4:00 PM, Boys Varsity 5:30 PM, and Girls Varsity 7:00 PM; opposite site Girls JV 4:00 PM, Boys Freshmen 5:30 PM. 2<sup>nd</sup> round Girls JV 4:00 PM, Girls Varsity 5:30 PM, Boys Varsity 7:00 PM; opposite site Boys JV 4:00 PM Boys Freshmen 5:30 PM.
- 2.4 Per NCS By-Laws; Maximum number of contests: 26.
- 2.5 Per NCS By-Laws; Maximum number of scrimmages: 2.
- 2.6 Per NCS By-Laws; Teams may participate in a foundation game, date set by NCS.
- 2.7 League games take precedence over any tournament or pre-season postponed games.

### 3. Rules

- 3.1 Basketball games shall be conducted according to the rules of the National Federation of State High School Athletic Association, to be superseded by the CIF, NCS, and DAL rules, regulations, and guidelines.
- 3.2 Coaches have the option of moving eligible Frosh, JV and Varsity players up and down on a game-by game basis.
- 3.3 If a player suits up for a game it counts as participation.
- 3.4 Seniors are not allowed to play in JV games unless approved by the DAL Athletic Directors and Principals Council.
- 3.5 Players are not to participate in two (2) games on the same date at different levels.
- 3.6 When entering the court from the locker room prior to the start of the game and after half time, players must run directly to their side of the court. They may not circle the entire basketball court, they may only circle their side of the court. All celebrations or team unity gatherings must take place in their key area and not at mid court.
- 3.7 In the event of an injury or concussion, the school's athletic trainer or the opponent's athletic trainer, if he/she is the only athletic trainer at the contest, has the authority to determine if a player may continue to play or practice.

### 4. Equipment and Uniforms

- 4.1 All equipment and uniforms must meet National Federation of State High School Athletic Association rules and guidelines.
- 4.2 Each basketball team must have two (2) sets of jerseys:
- 4.3 Traveling uniforms will be dark colored jerseys and home uniforms will be light colored jerseys.
- 4.4 Home team will provide game balls.

### 5. Officials

- 5.1 The officials' association under contract to the league must be used for all scheduled home games of DAL member schools.
- 5.2 A qualified adult will be used for timing all Varsity games.
- 5.3 A qualified adult will be appointed by the home team as the official scorebook keeper for varsity games

### 6. Determination of Division Champions

- 6.1 Division Champion will be the team with the best Division record at the conclusion of the regular schedule.
- 6.2 Tie records shall be Conference Co-Champions.

## 7. DAL Division Tournaments

7.1 Does not apply at this time.

## 8. North Coast Representation

8.1 The Automatic Representatives to the NCS Basketball Championships will be both of the champions from each of the two divisions.

8.1.1 Tie breaking criteria will be head to head.

8.1.2 Ladder Finish

8.1.3 Winner of the second round game.

8.1.4 Three-way tie; Record against teams above the tie. If two teams have a better record than the third at any point in the process, the third team drops out, and the procedure reverts to the two-team tiebreaker method beginning with the second place team.

8.2 Any other qualified team may apply for an NCS At-Large Berth in their respective NCS Division.

## 9. All League Selections

9.1 The All-League Teams from each of the DAL Divisions will consist of the following:

9.1.1 One (1) MVP. If voting results in a two-way tie, there will be Co-MVP's. If voting results in a three-way tie, coaches will revote on the three tied players.

9.1.2 Five (5) First Team players. If there is a two-way tie for the 5<sup>th</sup> All League selection there will be allowed a 6<sup>th</sup> First Team selection. If there is a three-way tie for the 5<sup>th</sup> All-League selection, the coaches will revote on the three players.

9.1.3 Five (5) Second Team players. If there is a two-way tie for the 5<sup>th</sup> All League selection there will be allowed a 6<sup>th</sup> Second Team selection. If there is a three-way tie for the 5<sup>th</sup> All-League selection, the coaches will revote on the three players.

9.1.4 Number of Honorable Mention players will be determined by coaches' vote (Must receive at least one coach's vote for 1<sup>st</sup> or 2<sup>nd</sup> team).

9.1.5 If a team is not represented on the All League Team after the coaches' vote, that coach will put forth one player, that player will be an Honorable Mention Player.

9.2 All League nomination process.

9.2.1 All coaches may nominate one (1) player for MVP consideration.

9.2.2 All coaches will nominate All League consideration players based on order of finish in league. 1st place team will get six (6) nominations; 2<sup>nd</sup> place team will get five (5) nominations; 3<sup>rd</sup> place team will get four (4) nominations; 4<sup>th</sup> place team three (3) nominations; 5<sup>th</sup> place team two (2) nominations; 6<sup>th</sup> place team two (2) nominations. Coaches may nominate fewer players than their finish allows.

9.2.3 If a CIF certified Head or Assistant Coach is not in attendance, he/she cannot nominate any players.

9.3 All League Voting process.

9.3.1 All coaches who nominate a player for MVP will get 2 minutes to discuss the reason for nominating the player.

9.3.2 All CIF certified coaches in attendance will get one (1) vote for MVP. **The vote will be secret and written down on a ballot paper.** Coaches **may** vote for their own player. The player with the most votes is MVP. In case of a tie refer to guideline 9.1.1.

9.3.3 All coaches who nominate an All-League consideration player will have 2 minutes to discuss the reason the player is nominated.

9.3.4 1<sup>st</sup> Team All-League selection: All CIF certified coaches who are in attendance will have five (5) votes for 1<sup>st</sup> Team All-League players. **The vote will be secret and written down on a ballot paper.** Coaches **may not** vote for their own player. The top five (5) players with votes are the 1<sup>st</sup> Team All-League selection. In case of a tie for the 5<sup>th</sup> All-League selection, refer to guideline 9.1.2.

9.3.5 2<sup>nd</sup> Team All-League selection. All players elected to the 1<sup>st</sup> team will be removed from the list. All votes for first team selection will be erased. All CIF certified coaches who are in attendance will have five (5) votes for 2<sup>nd</sup> Team All-League players. **The vote will be secret and written down on a ballot paper.** Coaches **may not** vote for their own player. The top five (5) players with votes are the 1<sup>st</sup> Team All-League selection. In case of a tie for the 5<sup>th</sup> All-League selection, refer to guideline 9.1.3.

9.3.6 Honorable Mention All-League selection. Any player not elected to 1<sup>st</sup> or 2<sup>nd</sup> team All-league and has received at least one vote from a coach will be place on the Honorable Mention Team. If a team is not represented on any of the All-League Teams, the coach may put forth one player on the Honorable Mention Team.

9.3.7 If a team is not in attendance at the meeting: After the All-League selection process, coaches will have a round table discussion on where is the appropriate placement for the players of the team(s) not in attendance. A maximum of three (3) players for the team(s) not in attendance can be place on All-League teams (unless the team finishes in 5<sup>th</sup> or 6<sup>th</sup> place (refer to guideline 9.2.2). A maximum of one (1) player can be placed on any All-League team from a team not in attendance. Example: one player can be place

on 1<sup>st</sup> Team, 2<sup>nd</sup> Team, and Honorable Mention, but two (2) players cannot be placed on 1<sup>st</sup> Team or 2<sup>nd</sup> Team and Honorable Mention. There needs to be a majority vote from the coaches in attendance to place the player. If a player doesn't get a majority vote then he/she is not placed on any All-League Team. Placed players will not affect voted in players. Vote will be done by a raise of hands. Example: "Is Johnny a 1<sup>st</sup> Team player". If majority vote yes he is on 1<sup>st</sup> Team. If no "is Johnny a 2<sup>nd</sup> Team player" and so on.

- 9.4 Any athlete who is deemed academically or behaviorally ineligible at their school will not be eligible for all-league consideration. Athletes who are ejected twice during the season under the NCS ejection policy will not be eligible for all-league consideration.