



2023 FLAG FOOTBALL

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

First Day of Practice: August 7, 2023

Max Contests: 24 plus 2 scrimmages

Game Times: **Weekdays: 5:00, 6:00, 7:00; Saturdays TBD**

APPROVED AUG 24, 2023; Year 1 of 1

Saturday Aug 26 - DAL JAMBOREE@ ALHAMBRA, Round robin scrimmage with all DAL teams.

Wednesday Sept 13- BYE LL,CV,Mir,BEN,Cam,Alh,NG (these teams can schedule non league games if desired)

@ CP

CP	v	BC*	*Non league games
Aca	v	BC*	
CP	v	Aca	

Wednesday Sept 20- BYE LL,CP,BC,Alh (these teams can schedule non league games if desired)

@ Aca

@ Ben

Aca	v	Mir*	Ben	v	Cam*	*Non league games
CV	v	Mir	Cam	v	NG*	
Aca	v	CV	Ben	v	NG	

Wednesday Sept 27 - BYE CP

@ CV

@ Mir

@ NG

*Non league games

LL	v	Ben*	Mir	v	Cam	BC	v	Alh*
CV	v	Ben*	Cam	v	Aca*	Alh	v	NG
LL	v	CV	Mir	v	Aca	BC	v	NG

Wednesday Oct 4- BYE CV

@ LL

@ Cam

@ BC

LL	v	Mir	Ben	v	Cam	Aca	v	BC
Mir	v	NG	Cam	v	CP	BC	v	Alh
LL	v	NG	Ben	v	CP	Aca	v	Alh

Wednesday Oct 11- BYE Mir

@ CP

@ Ben

@ Aca

LL	v	CP	CV	v	BEen	Cam	v	Aca
CP	v	BC	Ben	v	Alh	Aca	v	NG
LL	v	BC	CV	v	Alh	Cam	v	NG

Wednesday Oct 18- BYE Aca

@ Alh

@ NG

@ BC

LL	v	Cam	CV	v	CP	Mir	v	Ben
Cam	v	Alh	CP	v	NG	Ben	v	BC
LL	v	Alh	CV	v	NG	Mir	v	BC

Wednesday Oct 25 - BYE NG

@ LL

@ Cam

@ Mir

LL	v	Ben	CV	v	Cam	Mir	v	CP
Ben	v	Aca	Cam	v	BC	CP	v	Alh
LL	v	Aca	CV	v	BC	Mir	v	Alh

Saturday Oct 28 - DAL JAMBOREE / MAKE UP GAMES @ CLAYTON VALLEY CHARTER

Nov 4 Final Date of Competition