



2026 SWIMMING

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

First Day of Practice: February 9, 2026

Max Contests: 14 plus 2 scrimmages

Game Times: 4:00 pm

APPROVED DEC 11, 2025; Year 2 of 2

***FINALIZED AT PRESEASON COACHES MEETING**

****SPRING BREAK**

AUSD MARCH 30-APRIL 3

BUSD MARCH 30-APRIL 6

MUSD, BC APRIL 3-10

MDUSD, CVC APRIL 6-13

Week of	Visiting Team	Host	Location
Monday, March 9	Campolindo	Miramonte	
	Acalanes	Las Lomas	
	Northgate	College Park	
	Benicia	Clayton Valley	
	Alhambra / Concord	MD / Berean	
Monday, March 16	Clayton Valley	Campolindo	
	Concord / MD / Berean	Las Lomas	
	Alhambra	Miramonte	
	Acalanes	Northgate	
Monday, March 23	Clayton Valley	Las Lomas	
	Northgate	Campolindo	
	Miramonte	Acalanes	
	Alhambra	College Park	
	Berean / Benicia	Con/MD	
Monday, March 30	Clayton Valley	Alhambra	Weds 4/1
		College Park??	
	Northgate	Berean / Concord / MD	
Monday, April 6	Miramonte	Las Lomas	
	Campolindo	Acalanes	
	Benicia??		
Monday, April 13	Las Lomas	Northgate	
	Clayton Valley	Miramonte	
	MD	Berean Christian	
	Concord	Alhambra	
	Benicia	Acalanes	

	College Park	Campolindo	
Monday, April 20	Clayton Valley	Acalanes	
	Northgate	Miramonte	
	Las Lomas	Campolindo	
	Concord / MD / Berean/Alhambra	College Park	

April 30

May 1

May 2

May 3

May 4

May 7

May 8

May 9

May 14-16

DAL Trials - **Varsity + DAL Diving** at Campolindo HS TBD

DAL Trials - JV at Campolindo HS TBD

DAL Finals at Campolindo HS TBD

NCS Entries Due 1:15 pm

NCS Seeding Meeting

NCS Diving Championships

NCS Swimming Trials

NCS Swimming Championships

CIF Championships