

ALHAMBRA HIGH SCHOOL

Emergency Action Plan- Track/Tennis/Softball

Chain of command

- Briana Barnes- Athletic Trainer (925) 895-7875
- Coaches- Cross Country/Track/Tennis
- Anthony Ertola- Athletic Director (925) 639-0499
- Sports Medicine student aides

Emergency Procedure:

- Notify Athletic Trainer
- Make sure athlete is responsive
- Call 911 (nearest landline is in Main Office)
- Contact Anthony Ertola or ATC Briana Barnes for keys. You will need keys to open gate entrance to the field
- Send someone to pull out the poles at bottom of the ramp for the EMS.

Emergency Communication: To activate EMS, dial 911. When using fixed line, dial 9-911. Nearest fixed line the main office.

Information to provide EMS:

- Type of emergency situation
- Type of suspected injury/medical condition
- Current condition of the athlete
- Current assistance being given
- Exact location of emergency

Do not terminate the emergency phone call until the operator has done so first!

Directions for EMS to the track: 150 E St, Martinez, CA 94553

- From Alhambra Ave
 - Turn West on F street
 - Turn right into the parking lot after the swimming pool
 - Go up the ramp in the Northwest corner of the parking lot.
 - Take it all the way up and onto the track

Emergency Equipment:

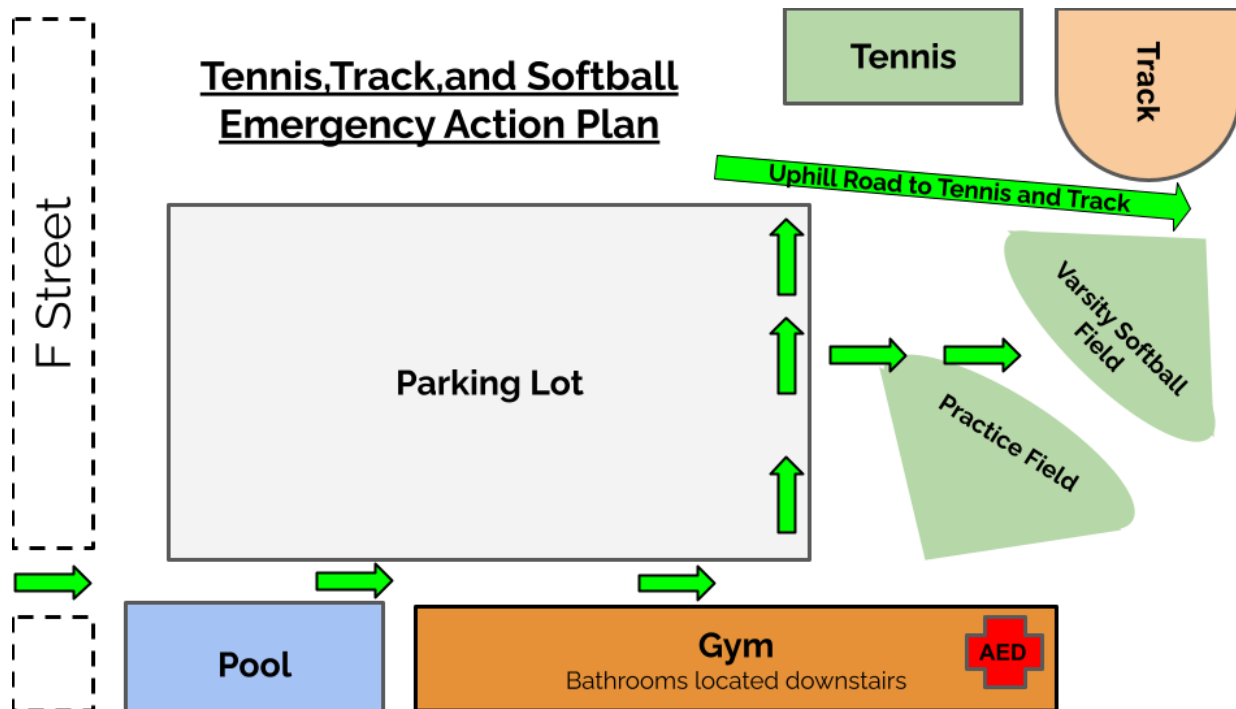
- AED- mounted on the wall by the north-east doors of the gymnasium
- Spine board- Athletic training room
- Medical kit (yellow kit)- Located in the Athletic Training room
- Splint kit- Sports Med room closet
- Trauma kit- Athletic Trainer

Post Event Administration Notification:

- Briana Barnes- ATC (925) 895-7875
- Anthony Ertola- Athletic director

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In the Event of an Emergency

- Notify Athletic Trainer
925-895-7875 or A.D.
925-639-0499
- Make sure Athlete is **responsive**

If they are NOT responsive

- Call 911
- Send someone to **pull poles out of the bottom of walkway** for EMS
- Send someone to get the **AED**
- **Do NOT** leave or move the athlete

Directions for EMS

To Alhambra High School

- Turn **west** on **F street**
- Turn **right** into the parking lot after the swimming pool
- Go up the hill in the **northwest corner of the parking lot**
- Drive all the way up to Tennis/Track or park at bottom for softball