

DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

DAL TRACK SCHEDULE – FOOTHILL DIVISION

**Acalanes, Campolindo, Clayton Valley, Las Lomas, Miramonte, Northgate
2018-19**

Approved: September 27, 2018

Practice Starts: January 28, 2019; Start Time: 3:30 PM

DAL Frosh/Soph Meet: TBD

**DAL League Meet: Trials: Saturday, April 27; Finals: Saturday, May 4;
Time: TBD; Site: Campolindo High School**

NCS Tri-valley Championships: Saturday, May 11

NCS Meet of Champions: Friday and Saturday, May 17, 18

State CIF Championships: Friday and Saturday, May 24, 25

Wednesday, March 6

Las Lomas @ Acalanes

Miramonte @ Northgate

Clayton Valley @ Campolindo

Wednesday, March 13

Northgate @ Acalanes

Clayton Valley @ Miramonte

Las Lomas @ Campolindo

Wednesday, March 20

Northgate @ Las Lomas

Acalanes @ Clayton Valley

Campolindo @ Miramonte

Wednesday, March 27

Miramonte @ Las Lomas

Campolindo @ Acalanes

Northgate @ Clayton Valley

Wednesday, April 10

Clayton Valley @ Las Lomas

Acalanes @ Miramonte

Campolindo @ Northgate

DAL League Meet: Trials: Saturday, April 27; Finals: Saturday, May 4

TEAM IN BOLD DESIGNATES HOST SCHOOL