



# 2021-2022 WRESTLING FOOTHILL DIVISION

Alhambra, Benicia, Clayton Valley, College Park, Las Lomas, Northgate

First Day of Practice: November 1, 2021

Max Contests: 40 plus 2 scrimmages

Start Times: 6:00, 7:00 pm

Double Duals Start Time: 5:00 pm

~~Approved: May 6, 2021;~~ **REVISED/APPROVED OCTOBER 17, 2021** Year 1 of 2

## Wednesday January 12: Alhambra Host

|           |                          |              |                          |
|-----------|--------------------------|--------------|--------------------------|
| Benicia   | vs <b>Clayton Valley</b> | Alhambra     | vs <b>Benicia</b>        |
| Las Lomas | vs <b>Alhambra</b>       | Northgate    | vs <b>Clayton Valley</b> |
| Northgate | vs <b>College Park</b>   | College Park | vs <b>Las Lomas</b>      |

**\*BOLD team are home school for double dual matches**

## Tuesday January 25: Benicia Host

|                |                        |           |                          |
|----------------|------------------------|-----------|--------------------------|
| Northgate      | vs <b>Benicia</b>      | Benicia   | vs <b>College Park</b>   |
| Alhambra       | vs <b>College Park</b> | Northgate | vs <b>Las Lomas</b>      |
| Clayton Valley | vs <b>Las Lomas</b>    | Alhambra  | vs <b>Clayton Valley</b> |

**\*BOLD team are home school for double dual matches**

## Wednesday February 2

Benicia @ Las Lomas

## Thursday February 3

Clayton Valley @ College Park

Alhambra @ Northgate

|                 |  |
|-----------------|--|
| Dec 3           | DAL Novice Tournament @ Campolindo                                 |
| January 1       | 2 lb. Growth Allowance   |
| February 2      | Final Date of Team Competition & Playoff Applications due 10:00 pm |
| February 5      | NCS Team Championships @ Benicia                                   |
| February 11, 12 | DAL Championships @ College Park                                   |
| February 12     | Final Date of Individual Competition & Girls Entries due 5:00 pm   |
| February 12     | Final Date of Individual Competition & Boys Entries due 11:59 pm   |
| February 13     | NCS Seeding Meeting  |
| February 18, 19 | NCS Championships  |
| February 24-26  | CIF Championships  |