



SPORT GUIDELINES

BOYS & GIRLS WATER POLO

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

Approved: November 10, 2016

1. Season

- 1.1 Girls and Boys Water Polo are both Fall Sports, as defined by NCS.
- 1.2 Starting dates for practice will be determined by NCS.

2. Contest Information

- 2.1 Matches will be played on Wednesdays.
 - 2.1.1 Junior Varsity Girls 4:00, Varsity Girls 5:00, Varsity Boys 6:00, and Junior Varsity Boys at 7:00
- 2.2 Per NCS By-Laws; Maximum number of contests: 24 for both Varsity and JV.
- 2.3 Per NCS By-Laws; Maximum number of scrimmages: 2.
- 2.4 League games will not be played when school is not in session, unless agreed upon by AD's and Principals of both schools.
- 2.5 League games take precedence over any tournament or pre-season postponed games.
- 2.6 A roster of both teams will be presented to the desk 15 minutes before the start of each game.

3. Rules

- 3.1 Contests will be conducted according to the rules of the National Federation of State High School Athletic Association, to be superseded by the CIF, NCS, and DAL rules and guidelines.
- 3.2 Coaches have the option of moving eligible players up and or down between the JV and Varsity levels on the day of a game allowing athletes to play only one level per day
- 3.3 Seniors are prohibited from playing at the JV level unless there is approval from the Principals Council or their designees.
- 3.4 In the event of an injury or concussion, the school's athletic trainer or the opponent's athletic trainer, if he/she is the only athletic trainer at the contest, has the authority to determine if a player may continue to play or practice.

4. Equipment and Uniforms

- 4.1 As determined by the National Federation of State High School Athletic Association Rule Book
- 4.2 Ear guards are mandatory.

5. Officials

- 5.1 The official's association under contract with the DAL shall be used exclusively by all DAL Schools for all home games.
- 5.2 The host school is responsible for paying the officials.

6. Determination of Division Champions

- 6.1 Division Champions will be the team with the best overall record.
- 6.2 Tie records shall be Division Co-Champions.

7. DAL Division Tournaments

- 7.1 At the option of the coaches, and with approval from the Principals Council, one or both divisions may hold Division Tournaments, which will not count towards the total games played

8. North Coast Representation

- 8.1 The Automatic Representatives to the NCS Water Polo Championships will be both of the champions from each of the two divisions.
 - 8.1.1 Two team tie breaking criteria will be head to head.
 - 8.1.2 If two teams are still tied, a coin flip will break the tie.
 - 8.1.3 More than two teams, tie breaking criteria will be head to head.
 - 8.1.4 If still tied, the team that has drawn the lowest card at the preseason meeting will be the Automatic Representative.

8.2 Any other qualified team may apply for an NCS At-Large Berth in their respective NCS Division.

9. All League Selections

9.1 The coaches from each Division will select an all-league boys and girls team at the end of the season during the postseason.

9.2 Coaches may not vote for their own players.

9.3 The Water Polo All League Teams for each Division will consist of:

1 MVP;

1 Goalkeeper;

Up to 9 first team players;

9 second team players plus 1 goalkeeper;

1 Honorable Mention per School.

9.4 Any athlete who is deemed academically or behaviorally ineligible at their school will not be eligible for all-league consideration. Athletes who are ejected twice during the season under the NCS ejection policy will not be eligible for all-league consideration.