SPORT GUIDELINES
GIRLS GOLF

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo,
Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte,
Mt. Diablo, Northgate, Ygnacio Valley

APPROVED January 22, 2026

1. SEASON

1.1. Girls Golf is a Fall Sport, as defined by NCS.
1.2. Boys Golf is a Spring Sport, as defined by NCS.
1.3. Starting dates for practice will be determined by NCS.

2. CONTEST INFORMATION

2.1. Matches will be scheduled by the week, with coaches agreeing upon day. Starting time will be between 3:00-4:00.
2.2. Per NCS By-Laws - Maximum number of contests: 22.
2.3. Per NCS By-Laws - Maximum number of scrimmages: 0.
2.4. League matches will not be played when school is not in session, unless agreed upon by AD's and Principals of both schools.
2.5. League matches take precedence over any tournament or pre-season postponed games.
2.6. Contest format shall consist of four to six (4-6) players.
2.7. Host team is to contact the visiting team to find out how many players will be playing.
2.8. No match will begin unless each team's coach or qualified designee is present.
2.9. Each match shall consist of nine (9) holes.
2.10 Team players shall not use caddies or any type of power carts. Manual pull or push carts are allowed. 2.11 If There is a course charge for players, it is the responsibility of the home team to pay.

3. RULES

3.1. USGA rules will govern all play.
3.2. Contests will be conducted according to the rules of the National Federation of State High School Athletic Association, to be superseded by the CIF, NCS, and DAL rules and guidelines.
3.2.1 For DAL regular season matches and end of season tournament, maximum strokes allowed on any individual hole is double par. If a maximum score is recorded, it should be circles on the scorecard. Once a player reaches double par, and has not holed out, the player shall pick up and record a score of double par on the hole and circle it. (i.e. on a par four hole the player would write an 8 on his/her scorecard with a circle around the score to indicate that they had picked up on the hole.) If a player holes out with a score of double par, they would not have to circle the score.
3.2.2 All DAL matches, including DAL Tournament shall play USGA local rule option for out of bounds/lost ball. A player may drop a ball within two club lengths, but not nearer the hole, of the nearest edge of the fairway at an equal distance from the hole to where the ball was believed to be ~~lost or went out of bounds~~ out of bounds/lost. There is a two-stroke penalty.
3.3 Coaches will be the sole administrators of handling inappropriate behavior of their players. Opposing coaches who observe inappropriate behavior will report that behavior to the coach of the team on which the player participates. It will be up to the coach of the player in question to decide on disciplinary action. For the act of unsporting or dangerous conduct by an athlete the penalty will be disqualification under the NCS ejection policy.
3.4. Coaching of players shall be allowed between holes (after green to next tee only). Only ~~1~~ 2 coach per team ~~is~~ are allowed to coach per match or tournament. ~~That~~ The coach(es) is to be designated prior to starting of match or tournament. Players within the group will try to make the golf rulings with the option of playing 2 balls, rule 3.3 If the players cannot decide on the ruling, they may ask a coach for assistance. Coaches giving rule interpretation is not coaching; he/she is acting as a rules official.
3.5. Summer rules apply unless course conditions dictate otherwise, as determined by the home coach.
3.6 Number of scores to sum for the team score.
3.6.1 Stroke play will be used with the five lowest scores of the six (6) competitions counting in total stroke play. However, if one of the team starts with 4 players, count the lowest 4 for both teams; if both teams start with 5 or 6 players, count the lowest 5 for each team. If a team does not have four scores for any reason, they will have an incomplete score and lose the match. Individual players will still accumulate League Points if their team has an incomplete score.
3.7 At the girl's division/league tournament, teams will play up to six players and count the lowest five.

3.8 Tie Breakers for golf:
3.8.1 In the event of a tie, the sixth best score will be used (5 player team score) or for girls can be 5th best score (4 player team score).
3.8.2. In the event that a tie still exists, scorecards will be matched. All players first hole scores (that were used to score in the match) will be totaled and compared.
3.8.3 If still tied, second hole scores will be totaled and compared, etc, until the tie is broken.
3.9 On the day of a league match or tournament, a player shall not practice on the competition course before the contest.
3.10 Failure to comply with above play regulations shall result in forfeiture of matches, league standings or tournament.
3.11 Dress Code: Players and coaches wear proper golf attire that fits the requirements of the respective golf course that is holding the competition.
3.12 Home coach will determine which tees will be played.
3.13 Players can communicate with one another regarding distances by use of acceptable distance-measuring devices. If a player asks for a distance from another player by use of a distance-measuring device, that other player must provide the asked-for distance. In addition, providing golf course directional information (direction of a hole, obstacles, penalty areas, etc.) are all accepted practices. ~~Asking for advice on club selection, however, is prohibited as described in Section 10.2 in the USGA Rules of Golf.~~ Asking for advice, however, is prohibited as described in Section 10.2 in the USGA Rules of Golf. Advice is defined as any verbal comment or action (such as showing what club was used to make a stroke) that is intended to influence a player in choosing a club, making a stroke, or deciding how to play during a hole or round
3.14 In all round robin golf matches, each individual player shall have one official scorecard with his name and score. The score card shall be exchanged prior to the first tee so that individuals are not keeping their own scores. The cards are not official until signed and attested.
3.15 If a match is halted in the event of darkness or weather, a minimum of seven holes completed is required for all groups to compile a team score.
3.16 Use of a distance measuring device is allowed provided it measures distance only.
3.16.1. The features that would render the use of the device contrary to the rule include but are not limited to:
a. The gauging or measuring of slope
b. The gauging or measuring of other conditions that might affect play or climate-based information such as temperature, humidity, etc.
c. Calculating the effective distance between two points based on slope or other conditions affecting shot distance.
d. If using a device with the aforementioned features, those features must be turned off and shall not be used at any time.
e. In each grouping (2-4 players), if any player uses a distance measuring device then all players will have access to the distance information.
f. Any player using a device who does not share the distance information with other players in his grouping, when asked, will be subject to disqualification for a serious breach of etiquette.
3.16.2. The first breach of rule 3.16, player gets a loss of hole penalty in match play or a two-stroke penalty in stroke play. The second breach of rule 3.16 during the same round will result in disqualification of the player from the match.
3.17 Spectators must remain 30 yards from the players.
3.18 Spectators are not allowed to communicate with the players at any time during play. If a person violates the rule, they will be asked to leave the premises.
3.19 In the event of an injury or concussion, the school's athletic trainer or the opponent's athletic trainer, if he/she is the only athletic trainer at the contest, has the authority to determine if a player may continue to play or practice.
3.20 If a golfer starts a round, finishes at least one hole, gets injured and cannot continue, they will be given double par scores for the remaining holes.

4. EQUIPMENT AND UNIFORMS

4.1. All equipment must meet USGA and National Federation of High School Athletic Association rules.

5. OFFICIALS

5.1. Team Coaches are the officials for competitions.

6. DETERMINATION OF DIVISION CHAMPIONS

6.1 Each Division Champion will be determined by 60% dual matches and 40% Division Championship Tournament.
6.2. In Division dual match competitions: 5 points will be awarded for a win, 0 points for a loss.
6.3 In Division tournament competition: 1st = 36 points, 2nd = 30 points, 3rd = 24 points, 4th = 18 points,

5th = 12 points, 6th = 6 points.

6.4 If only (1) Division dual match competition: 5 points will be awards for a win, 0 points for a loss. 6.5 If only (1) Division tournament competition: a total of 6 points multiplied by the number of teams for 1st place, total points minus 6 points for second place, continue decreasing 6 points per place.

7. DAL END OF SEASON TOURNAMENT

7.1. Each DAL Division will hold their own tournament to determine NCS qualifying.

7.2 The same scoring and coaching rules apply during Division Tournaments as during the regular season.

8. NORTH COAST REPRESENTATION

8.1. The Automatic Representatives to the NCS Team Golf Championships will be the team champion from each of the two DAL divisions.

8.1.1 Tie breaking criteria will be head to head.

8.1.2 Highest finisher in the Conference Championship Tournament

8.1.3 Sudden death tie-breaker at conclusion of Conference Championship Tournament. Two players on a designated hole, total score of the two players, until a winner is determined.

8.2. Any other qualified team may apply for an NCS At-Large Berth in their respective NCS Division.

8.3. The top (5) individual finishers at the DAL Championship Match from the non-qualifying teams to NCS Division 1 Tournament will represent each division at the NCS Division 2/Individual Tournament.

9. ALL LEAGUE SELECTIONS

9.1. Using Total League Points from Division Matches and Division Championships; the top player will be the Division MVP (if there is a tie, there will be Co-MVP's)

9.1.1 Double pars would be used as the tiebreaker in determining individual All-League points. (For example, if two golfers have the same dual match individual score, the golfer with the fewer circled scores gets the higher All-League points, instead of splitting the points, as has been done in the past.

9.1.2 Total League Points will be accumulated based on the regular DAL season, subtracting the one lowest score for the season.

9.1.2.1 If a player does not play in every regular season DAL games, a zero will be counted as the lowest score of a single match and that score will be subtracted from the player's total league points accumulated for the season

9.2. The number of golfers selected to the First and Second All-League teams will be equal to the number of teams competing in the Division.

9.2.1. Using Total League points, the top number (# of teams) of golfers will be First Team All-League.

9.2.2. Using Total League points, the top number (# of teams) of golfers will be Second Team All-League.

9.3. If there is a tie for the last spot on the First or Second All League Teams, all tied golfers shall be included on the respective teams.

9.4. The coach from each team may designate one additional player as Honorable Mention All-League.

9.5. The players total league points will be from a max total of the number of league matches minus 1 match (i.e.: 10 matches would use the 9 highest match points; 8 matches would use the 7 highest match points.

9.5.1. In dual match competition, points will be awarded to the top 10 players. The first player will receive 10 points; the second player will receive 9 points, etc.

9.5.2 In Division Tournament competition, points will be awarded to the total number of teams multiplied by 5: 6 teams = 30 points, 5 teams = 25 points. The first-place player will receive the total number of points with each place reducing by 1 point.