



2023 GIRLS VOLLEYBALL FOOTHILL DIVISION

Acalanes, Benicia, Campolindo, College Park, Las Lomas, Miramonte, Northgate

First Day of Practice: August 7, 2023

Max Contests: 24 plus 2 scrimmages

Game Times: Frosh-4:30, JV-5:30, Varsity-6:30

Approved January 26, 2023; Year 1 of 1

Game 1: Tuesday, September 5

Northgate @ Las Lomas
Benicia @ College Park
Campolindo @ Miramonte
Acalanes BYE

Game 2: Thursday, September 7

College Park @ Northgate
Acalanes @ Benicia
Las Lomas @ Campolindo
Miramonte BYE

Game 3: Tuesday, September 12

Northgate @ Acalanes
Las Lomas @ College Park
Benicia @ Miramonte
Campolindo BYE

Game 4: Thursday, September 14

College Park @ Campolindo
Miramonte @ Northgate
Acalanes @ Las Lomas
Benicia BYE

Game 5: Tuesday, September 19

Las Lomas @ Miramonte
Benicia @ Campolindo
College Park @ Acalanes
Northgate BYE

Game 6: Thursday, September 21

Northgate @ Benicia
Miramonte @ College Park
Campolindo @ Acalanes
Las Lomas BYE

Game 7: Tuesday, September 26

Acalanes @ Miramonte
Campolindo @ Northgate
Las Lomas @ Benicia
College Park BYE

Game 8: Thursday, September 28

Las Lomas @ Northgate
College Park @ Benicia
Miramonte @ Campolindo
Acalanes BYE

Game 9: Tuesday, October 3

Northgate @ College Park
Benicia @ Acalanes
Campolindo @ Las Lomas
Miramonte BYE

Game 10: Thursday, October 5

Acalanes @ Northgate
College Park @ Las Lomas
Miramonte @ Benicia
Campolindo BYE

Game 11: Tuesday, October 10

Campolindo @ College Park
Northgate @ Miramonte
Las Lomas @ Acalanes
Benicia BYE

Game 12: Thursday, October 12

Miramonte @ Las Lomas
Campolindo @ Benicia
Acalanes @ College Park
Northgate BYE

Game 13: Tuesday, October 17

Benicia @ Northgate
College Park @ Miramonte
Acalanes @ Campolindo
Las Lomas BYE

Game 14: Thursday, October 19

Miramonte @ Acalanes
Northgate @ Campolindo
Benicia @ Las Lomas
College Park BYE

October 21

October 22

October 24,28, Nov 1,4

October 25,28, Nov 1,4

Nov 7,8,9,11,14

Nov 17,18

Final Date of Competition & Playoff Applications due 10:00 pm

NCS Seeding Meetings

NCS Championships Divisions 1, 3, 5

NCS First Round Divisions 2, 4, 6

CIF Nor-Cal Championships

CIF Championships