



# 2025 FLAG FOOTBALL

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

First Day of Practice: August 11, 2025

Max Contests: 24 plus 2 scrimmages

Game Times: **JV 6:30, Var 7:45 w/ minimum of 15 min warmup**

**Berean Christian HOME GAMES will have earlier start times**

**APPROVED JAN 23, 2025; UPDATED AFTER NCS APPROVAL MAR 28;** Year 2 of 2

**OCT 6-10 MDUSD FALL BREAK**

**\*Top two regular season DAL finishers awarded the NCS Automatic Qualifiers**

## Game 1: Monday Sept 8

Clayton Valley	@	Miramonte
Berean Christian	@	Alhambra
Campolindo	@	Ygnacio Valley
Concord	@	College Park
Benicia	@	Acalanes
Northgate	@	Las Lomas
Mt. Diablo	@	BYE

## Game 2: Weds Sept 10

Mt. Diablo	@	Berean Christian
Acalanes	@	College Park
Ygnacio Valley	@	Benicia
Alhambra	@	Campolindo
Miramonte	@	Concord
Las Lomas	@	Clayton Valley
Northgate	@	BYE

## Game 3: Monday Sept 15

Miramonte	@	Las Lomas
Acalanes	@	Concord
Berean Christian	@	Northgate
Benicia	@	Alhambra
Mt. Diablo	@	Campolindo
College Park	@	Ygnacio Valley
Clayton Valley	@	BYE

## Game 4: Weds Sept 17

Alhambra	@	College Park
Northgate	@	Campolindo
Mt. Diablo	@	Benicia
Ygnacio Valley	@	Acalanes
Las Lomas	@	Concord
Clayton Valley	@	Berean Christian
Miramonte	@	BYE

## Game 5: Monday Sept 22

College Park	@	Mt. Diablo
Berean Christian	@	Miramonte
Acalanes	@	Alhambra
Benicia	@	Northgate
Concord	@	Ygnacio Valley
Campolindo	@	Clayton Valley
Las Lomas	@	BYE

## Game 6: Weds Sept 24

Mt. Diablo	@	Acalanes
Northgate	@	College Park
Miramonte	@	Campolindo
Clayton Valley	@	Benicia
Alhambra	@	Ygnacio Valley
Las Lomas	@	Berean Christian
Concord	@	BYE

## Game 7: Monday Sept 29

College Park	@	Clayton Valley
Concord	@	Alhambra
Benicia	@	Miramonte
Campolindo	@	Las Lomas
Ygnacio Valley	@	Mt. Diablo
Acalanes	@	Northgate
Berean Christian	@	BYE

## Game 8: Weds Oct 1

Miramonte	@	College Park
Las Lomas	@	Benicia
Alhambra	@	Mt. Diablo
Northgate	@	Ygnacio Valley
Berean Christian	@	Concord
Clayton Valley	@	Acalanes
Campolindo	@	BYE

## Game 9: Monday Oct 6

Ygnacio Valley	@	Clayton Valley
Berean Christian	@	Campolindo
Alhambra	@	Northgate
College Park	@	Las Lomas
Acalanes	@	Miramonte
Concord	@	Mt. Diablo
Benicia	@	BYE

## Game 10: Weds Oct 8

Miramonte	@	Ygnacio Valley
Clayton Valley	@	Alhambra
Las Lomas	@	Acalanes
Benicia	@	Berean Christian
Northgate	@	Mt. Diablo
Campolindo	@	Concord
College Park	@	BYE

**Game 11: Monday Oct 13**

Campolindo @ Benicia  
Alhambra @ Miramonte  
College Park @ Berean Christian  
Mt. Diablo @ Clayton Valley  
Concord @ Northgate  
Ygnacio Valley @ Las Lomas  
Acalanes @ BYE

**Game 12: Weds Oct 15**

Campolindo @ College Park  
Las Lomas @ Alhambra  
Benicia @ Concord  
Clayton Valley @ Northgate  
Miramonte @ Mt. Diablo  
Berean Christian @ Acalanes  
Ygnacio Valley @ BYE

**Game 13: Monday Oct 20**

Mt. Diablo @ Las Lomas  
College Park @ Benicia  
Acalanes @ Campolindo  
Northgate @ Miramonte  
Concord @ Clayton Valley  
Ygnacio Valley @ Berean Christian  
Alhambra @ BYE

Oct 25 Final Date of Competition & Playoff Applications due 10:00 pm  
Oct 26 NCS Seeding Meetings  
Oct 28,30, Nov 4,6 NCS Championships