

# DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

1357 Sussex Way, Concord, CA 94521; Telephone: (925) 609-7005 [DiabloALeague@gmail.com](mailto:DiabloALeague@gmail.com)  
Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,  
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

## DAL All-League – Foothill Division Baseball – 2018-19

### Most Valuable Player – Foothill Division

Nick Kresnak	Acalanes	11
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### Most Valuable Pitcher – Foothill Division

Joey Soberon	Clayton Valley Charter	11
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### 1<sup>st</sup> Team All-League – Foothill Division

Logan Hurd	Acalanes	11
Eddie Curley	Clayton Valley Charter	11
Cooper Gardner	Clayton Valley Charter	12
Davis Diaz	Acalanes	10
Joe Hollerbach	Miramonte	12
Jack Murphy	Clayton Valley Charter	12
Joe Aivazian	College Park	10
Luke Saunders	Northgate	11
Nicolas Bamont	Acalanes	10
Primo Rodriguez	College Park	10
Charlie Mollahan	Miramonte	12
Cooper Birdwell	Northgate	11

### 2<sup>nd</sup> Team All-League – Foothill Division

Nate Freeman	Benicia	12
Connor Sullivan	College Park	12
Alejandro Soto II	Benicia	12
Jonathan Gazdar	Northgate	12
Jayshawn Wise	Benicia	11
Tommy Thrasher	Acalanes	11
Ryan O'Neil	Campolindo	11
Brandon Cuneo	Clayton Valley Charter	12
Telly Hill	Clayton Valley Charter	11
Chase Garves	Clayton Valley Charter	11
Jordan Webb	College Park	12
Brady Huchingson	Acalanes	10

### Honorable Mention – Foothill Division

Justin Zimmer	Benicia	12
Brock Rudy	Northgate	12
C.J. Wigren	College Park	12
Eric Prough	Northgate	11
Luke Mingham	Clayton Valley Charter	12
Peter Templeton	Benicia	12
Declan McMannus	Miramonte	12

Eddie Burns	Acalanes	12
Lucas Allen	Campolindo	12
Blake Bates	Miramonte	12
Andrew Hamant	College Park	11

**Gold Glove**

Adrese Azzani	Miramonte	12
Ryan Pierce	Clayton Valley Charter	11
Justin Liang	Campolindo	10
Thatcher Hurd	Acalanes	10
Jaxson Bates	Benicia	11
Danny Shaffer	Northgate	12
Rocky Sizemore	College Park	11

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## **DAL All-League – Foothill Division Boys Basketball – 2018-19**

### **Most Valuable Player – Foothill Division**

David Ahazie	Campolindo	Senior
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### **1<sup>st</sup> Team All-League – Foothill Division**

Zyon Pullin	College Park	Senior
Matt Meredith	Miramonte	Junior
Carter Mahaney	Campolindo	Junior
Aidan Mahaney	Campolindo	Freshman
Dennis Pomazanov	College Park	Senior

### **2<sup>nd</sup> Team All-League – Foothill Division**

Zack Martinez	Clayton Valley Charter	Senior
Aidan Lechner	Northgate	Senior
JT Estes	Las Lomas	Senior
Jayson Fernbacher	Miramonte	Senior
Diego Paredes	College Park	Senior
Niyi Olabode	Miramonte	Sophomore

### **Honorable Mention – Foothill Division**

Cooper Dadami	Clayton Valley Charter	Senior
Alden Friedman	Northgate	Senior
Blake Thorpe	Las Lomas	Senior
Ian Archer	Acalanes	Senior
Matt Radell	Campolindo	Freshman

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## **DAL All-League – Foothill Division Girls Basketball – 2018-19**

### **Most Valuable Player – Foothill Division**

Kaylee Pond	Acalanes	Junior
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### **1<sup>st</sup> Team All-League – Foothill Division**

Lauren Kobashigawa	Acalanes	Junior
Grace Gebhardt	Acalanes	Sophomore
Aleena Quintero	Alhambra	Junior
Ysobelle Eustaquio	Clayton Valley Charter	Junior
Katriel Segovia	Clayton Valley Charter	Senior
Rose Morse	Las Lomas	Sophomore

### **2<sup>nd</sup> Team All-League – Foothill Division**

Lauren Frechman	Acalanes	Junior
Bry Waters	Alhambra	Senior
Tegan Gaines	Northgate	Freshman
Mariella Crudele	Campolindo	Senior
Gabby Schneider	Acalanes	Sophomore

### **Honorable Mention – Foothill Division**

Kate Schirmer	Acalanes	Senior
Skyler Parker	Alhambra	Freshman
Abby Brown	Alhambra	Senior
Susie Kresch	Clayton Valley Charter	Sophomore
Destyne Blalock	Alhambra	Sophomore
Amy Barry	Clayton Valley Charter	Junior
Eva Smith	Northgate	Junior
Isabela de la Cruz	Las Lomas	Freshman
Kiana Thorson	Campolindo	Sophomore

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## DAL All-League Competitive Sport Cheer – 2018-19

### All-League

Chloe Parmelee	Acalanes	11
Darian Siu	Concord	12
Sofia Moreno	Concord	12
Kristin Del Rosario	Las Lomas	11
Renee Spear	College Park	11
Jenna Lynn	College Park	10
Savannah Sprague	Clayton Valley Charter	10
Mylie Gardner	Clayton Valley Charter	10
Abby Weeks	Clayton Valley Charter	10
Madyson Gustin	Alhambra	12
Lindsey Cole	Alhambra	12
Kassandra Salazar	Ygnacio Valley	12

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## DAL All-League Boys Cross Country – 2018-19

### 1<sup>st</sup> Team All-League

Preston Norris	Las Lomas	12
Edward Buckley	Campolindo	12
Cayden Hein	Campolindo	11
Bjorn Thorsen	College Park	12
Parker Wilkerson	Las Lomas	12
Lev Afonine	College Park	9
Dylan Gunn	Campolindo	10

### 2<sup>nd</sup> Team All-League

Dylan Cronin	Campolindo	11
Cameron Iniguez-Reyes	Campolindo	12
Riley Noon	Acalanes	12
Sam Roth	Acalanes	10
Charlie Kisylia	Las Lomas	11
Joshua Starr	Acalanes	12
Nathan Butterfield	Clayton Valley	11

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## DAL All-League Girls Cross Country – 2018-19

### 1<sup>st</sup> Team All-League

Rayna Stanziano	Concord	12
Paloma Hancock	Campolindo	11
Alicia Hober	Campolindo	11
Audrey Allen	Miramonte	10
Nicole Tria	Alhambra	12
Jamie Say	Miramonte	9
Nicole Frigon	Acalanes	10

### 2<sup>nd</sup> Team All-League

Veronica Towle	Las Lomas	12
Kylie Tseng	College Park	12
Sierra Lofgren	Clayton Valley	12
Ellie Guthrie	Campolindo	11
Sophie Webster	Campolindo	10
Kate Riley	Miramonte	9
Lauren Yee	Acalanes	9

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## DAL All-League – Foothill Division Football - 2018-19

<u>Name</u>	<u>School</u>	<u>Position</u>	<u>Grade</u>
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### Most Valuable Player Offense– All-League - Foothill Division

Makhi Gervais	Clayton Valley Charter	RB	11
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### Most Valuable Player Defense– All-League - Foothill Division

Cade Carter	Clayton Valley Charter	LB	12
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### First Team – All-League – Foothill Division

Grant Harper	Campolindo	QB	11
Tyler Lowe	Miramonte	RB	12
Logan Sumter	Clayton Valley Charter	QB	12
Chris Rogers	Acalanes	WR	12
Lucas Allen	Campolindo	WR	12
Henry Vacakis	Miramonte	UTL/RB/WR	12
Eric Prough	Northgate	WR	11
Jeremy Gunderson	Campolindo	OL	12
Jacob Sartanio	Clayton Valley Charter	OL	12
Diyar Kudrat	Clayton Valley Charter	OL	12
Jason Cannedy	Clayton Valley Charter	OL	12
Max Schoenberger	Campolindo	DB	12
Scott Brydon	Acalanes	DB	12
Parker Allen	Clayton Valley Charter	DB	12
Ben Schmiedt	Miramonte	LB	12
Alex Cortessis	Acalanes	LB	12
Mason Mastrov	Campolindo	LB	11
Dusty Mitchell	Clayton Valley Charter	LB	12
Zach Barker	Miramonte	DL	12
Morgan Wilson	Alhambra	DL	12
Dawson Brokman	Alhambra	DL	12
Leke Fashola	Clayton Valley Charter	DL	12



### Second Team – All- League – Foothill Division

Nick Kresnak	Acalanes	QB	11
Ryan O’Neil	Campolindo	RB	11
Carson Sumter	Clayton Valley Charter	RB	11
Reed Callister	Miramonte	WR	11
Lucas Eppinger	Acalanes	WR	11
Mark Radke	Alhambra	WR	12
Mateo Roberts	Alhambra	WR	11
Colby Schnayer	Campolindo	OL	12
Cole McNeil	Campolindo	OL	12
Eric Heilmann	Miramonte	OL	12
Jacob Faleafine	Clayton Valley Charter	OL	12
Owen Pulver	Northgate	DB	11
Keilan Stone	Miramonte	DB	12
Charlie Hawkins	Miramonte	DB	12
Priest Preston	Clayton Valley Charter	DB	12
Steve Henry	Clayton Valley Charter	DB	12
Tommy Thrusher	Acalanes	LB	11
Charlie Craig	Campolindo	LB	11
Will Windatt	Campolindo	LB	11
Kylie Sparks	Clayton Valley Charter	LB	12
Kaviha Baumgartner	Clayton Valley Charter	DL	11

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## DAL All-League – Foothill Division Boys Golf – 2018-19

<u>Name</u>	<u>School</u>	<u>Grade</u>
<b>Most Valuable Player – Foothill Division</b>		
Mason Stenberg	Las Lomas	11
<b>First Team All-League – Foothill Division</b>		
Will Condy	Acalanes	11
Baron Szeto	Campolindo	10
Ryan Gay	Northgate	10
Joe Henderson	Miramonte	11
Eric Kwak	Las Lomas	12
<b>Second Team: All-League – Foothill Division</b>		
Jake Cox	Las Lomas	11
John Lagomarsino	Campolindo	10
Tucker Gannon	Acalanes	10
Robby Useugi	Las Lomas	12
Jack Vanderbeek	Northgate	10

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## DAL All-League – Foothill Division Girls Golf – 2018-19

<u>Name</u>	<u>School</u>	<u>Grade</u>
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### Co-Most Valuable Players – Foothill Division

Ashley Pan	Campolindo	12
Gia Feliciano	Northgate	11

### First Team All-League – Foothill Division

Kaylen Tu	Miramonte	9
Skye Mingming	Northgate	12
Kaydee Tu	Miramonte	11
Avalon Schenone	Acalanes	12
Maddie Starke	Northgate	9

### Second Team: All-League – Foothill Division

Harper Orr	Miramonte	12
McKenna Dixon	Las Lomas	11
Elizabeth Contreras	Las Lomas	10
Sam Ricafrente	Northgate	11
Katie Ingrey	Miramonte	11

### Honorable Mention: All-League – Foothill Division

Heather Shinn	Miramonte	10
Ainsley Murphy	Campolindo	9
Caitln McDonagh	Acalanes	11
Grace Andronico	Acalanes	12

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## DAL ALL-LEAGUE BOYS LACROSSE - 2018-19

### Co-Most Valuable Player

<u>Name</u>	<u>School</u>	<u>Year</u>
Torin Neal	Clayton Valley Charter	12
Jason Madden	Northgate	12

### First Team

Gunner Oakley	Clayton Valley Charter	11
Jason Eide	College Park	11
Mark Cheng	Miramonte	9
Jean-Luc Axelrode	Campolindo	11
Charlie Hawkins	Miramonte	12
Jack Wickline	Acalanes	12
Casey Barnes	Clayton Valley Charter	11
Jack McCollam	College Park	12
Carson Burrill	Acalanes	11
Rylan Lochhead	Northgate	12
Connor Lawson	Clayton Valley Charter	11

### Second Team

Johnny Cirelli	Campolindo	12
Avery Howell	Acalanes	11
Max Sherrod	Las Lomas	12
Calvin Hawe	Las Lomas	11
Cole Barlow	Campolindo	12
Jacob Canale	College Park	12
Paddo Buckley	Campolindo	12
Carson Essabhoy	Miramonte	11
Lucas Calica	Clayton Valley Charter	11
Aiden Alencastre	College Park	11
Bailey Rios	Las Lomas	11

### Honorable Mention

Marky Hensley	Miramonte	12
Connor Barnes	Clayton Valley Charter	11
Riley Ledin	College Park	11
Reed Watson	Acalanes	12
Spencer Crouch	Las Lomas	12
Jack Garner	Clayton Valley Charter	11
Charlie Bettencort	Acalanes	11
Jake Ortiz	Miramonte	12
Corrie Broadwell	Clayton Valley Charter	11
Maci Sekander	Clayton Valley Charter	11
Wilhelm Schueler	Acalanes	12
Tucker Loughran	Acalanes	12
Tyler Kivelson	Campolindo	9
Tucker Shea	Campolindo	11

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## DAL ALL-LEAGUE GIRLS LACROSSE - 2018-19

<u>Name</u>	<u>School</u>	<u>Most Valuable Player</u>	<u>Year</u>
Boo Dewitt	Miramonte		11
		<u>First Team</u>	
Madison Malakoff	Northgate		11
Grace Gebhardt	Acalanes		10
Vanessa Lam	Miramonte		12
Maddie Martinucci	Las Lomas		12
Rylee McCormick	College Park		12
Devon Ortman	Campolindo		11
Lauren Westergren	Acalanes		11
Claire Gallagher	Acalanes		12
Emerson Bohlig	Miramonte		10
Aubrey Stynes	Northgate		11
Shaune Lundstrom	Miramonte		11
Carol Halpin	Las Lomas		11
		<u>Second Team</u>	
Samantha Romero	Clayton Valley Charter		11
Coco Fellner	Acalanes		10
Jordan Pratt	Acalanes		11
Paige Davis	Northgate		11
Emma Workman	Acalanes		12
Sally Peterson	Miramonte		10
Emily Bartling	Las Lomas		12
Marcy Morse	Acalanes		12
Kiara Kofoed	Miramonte		9
Annie Cimperman	Campolindo		9
Portia Sasser	Las Lomas		10
Jadyn London	Alhambra		12
		<u>Honorable Mention</u>	
Rylee Orenstein	Las Lomas		12
Caroline Coates	Campolindo		12
Kendall Monkarsh	Campolindo		11
Mina Jenab	Miramonte		10
Jessica Riker	College Park		10
Lexi Martinucci	Las Lomas		9
Kennedy Murphy	Clayton Valley Charter		11
Aliyah Sarna	Clayton Valley Charter		12
Madison Stynes	Northgate		11
Austyn Perez	Alhambra		10
Bailey Matthews	College Park		12
Brenda Rivas	Ygnacio Valley		11

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## DAL All-League Boys Soccer – 2018-19

### Co-Most Valuable Offensive Player

Jose Carra Hernandez	Campolindo	12
Anthony Fuller	Concord	11

### Most Valuable Defensive Player

Tim Weidinger	Las Lomas	12
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### 1<sup>st</sup> Team All-League

Connor Gregg	Campolindo	12
Kellen Clancy	Campolindo	11
Zach Wilson	Las Lomas	12
Diego Ramos	Ygnacio Valley	10
Travis Stevenson	Acalanes	12
Paris Ruiz	Clayton Valley Charter	12
Kent Barbir	Miramonte	11
Daniel Shanoda	Northgate	12
Roberto Barahona	Concord	12
Damon Amerine	Berean Christian	12
Kobe Toooh	Benicia	12

### 2<sup>nd</sup> Team All-League

Nathan Links	Campolindo	12
Doug Jones	Las Lomas	12
Alejandro Lopez	Ygnacio Valley	11
Alexzander Sandoval	Ygnacio Valley	12
Nick Geannacopulos	Acalanes	11
Edgar Castenada	Clayton Valley Charter	11
Simon Newirth-Stein	Miramonte	10
Daniel Nakamura	Northgate	12
Sergio Barba	Concord	12
Tyler Emerick	College Park	12
Marco Garcia	Alhambra	11

**Honorable Mention**

Erik Voss	Acalanes	12
Bernard Adri	Acalanes	12
Kyle Parnell	Acalanes	12
Jordan Shinn	College Park	12
Daniel Nicacio	College Park	10
Amado Uyehara	College Park	12
MA Cienfuegos	Las Lomas	12
Zach Miller	Las Lomas	9
Saul Bronstone	Las Lomas	11
Joseph Reider	Benicia	12
Atom Ruiz	Benicia	12
Mason Donabedian	Benicia	11
Felipe Ognian	Northgate	11
Jack Varble	Northgate	12
Donovan Guidos	Alhambra	10
Jordan Arce	Alhambra	12
Regan Cole	Alhambra	12
Riley Breul	Campolindo	12
Vivek Lashkari	Campolindo	12
Keoni Smith Vuong	Campolindo	12
Jorge Hernandez	Concord	12
Alex Hockenbery	Concord	9
Enrique Guzman	Concord	12
Oliver King	Ygnacio Valley	10
Yovani Villa	Ygnacio Valley	10
Huriel Rodriguez	Ygnacio Valley	11
Conor Roemer	Miramonte	12
Luca Argast	Miramonte	12
Eric Heilmann	Miramonte	12
Anival Montes	Mt. Diablo	12
Nick Griswold	Berean Christian	11
Kevin Arbanil	Berean Christian	12
Nick Morales	Berean Christian	12

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## DAL All-League Girls Soccer – 2018-19

### Co-Most Valuable Offensive Player

Tara Bradley	Las Lomas	12
Alexa Avelar	Clayton Valley Charter	11

### Co-Most Valuable Defensive Player

Carly Ortega	Northgate	12
Alison Whipple	Miramonte	12

### 1<sup>st</sup> Team All-League

Devon Ortman	Campolindo	11
Cecilia Campo	Campolindo	11
Uki Fujiwara	Las Lomas	11
Julia Hagedorn	Northgate	12
Meighan Farrell	Northgate	9
Isabel Fine	Miramonte	12
Olivia Grillo	Miramonte	11
Jenna West	Clayton Valley Charter	10
Sarina Regis	Benicia	10
Natalia Leroux	College Park	12
Samantha Reyes	Ygnacio Valley	11
Sasha Sadoff	Acalanes	12
Gigi Betti	Alhambra	9

### 2<sup>nd</sup> Team All-League

Ella Colombini	Campolindo	9
Ella Lipelt	Las Lomas	12
Sabrina Grant	Miramonte	11
Abigail Chang	Northgate	12
Natalie La Rue	Northgate	10
Micaela Davis	Concord	12
Julia Betti	Alhambra	11
Olivia Kreamer	Clayton Valley Charter	11
Nayeli Martinez	Mt. Diablo	12
Elizabeth Dutton	Berean Christian	12
Rylee McCormick	College Park	12
Aliye Wingate	Acalanes	10



**Honorable Mention**

Alex Ziem	Miramonte	10
Angelina Basso	Miramonte	10
Taylor Walthall	Miramonte	12
Claire Sawin	Alhambra	9
Makayla Clauson	Alhambra	10
Chloe Taylor	Alhambra	11
Savannah DeCarlo	Campolindo	12
Grace McCauley	Campolindo	10
Kate Cannon	Campolindo	10
Kate Carter	Acalanes	11
Samantha Hansen	Acalanes	10
Ivy Souza	Acalanes	11
Delaney Cook	Northgate	12
Katey Wohlers	Northgate	12
Lucy Goller	Northgate	10
Robyn Rowley	Benicia	12
Sophia Salimpour	Benicia	12
Madison Salina	Benicia	10
Ally Liu	Clayton Valley Charter	11
Serena Connel	Clayton Valley Charter	11
Sasha Chalener	Clayton Valley Charter	9
Bailey Matthews	College Park	12
Christine Osmundsen	College Park	12
Jessica Vinogradov	College Park	11
Yaznelly Martinez	Ygnacio Valley	12
Stefania Villanueva	Ygnacio Valley	12
Araceli Castro	Ygnacio Valley	10
Nataly Guzman	Mt. Diablo	11
Asley Renderos	Mt. Diablo	9
Jessica Contreras	Mt. Diablo	11
Isabel Dumapit	Berean Christian	12
Grace Maloney	Berean Christian	11
Sydney Sodergren	Berean Christian	10
Neftali Ramirez	Concord	12
Julia Morgan	Concord	9
Vanessa Castrillo	Concord	11
Alessandra Heitmann	Las Lomas	12
Alessandra Towle	Las Lomas	9
Zoe Foster	Las Lomas	9

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## **DAL All-League – Foothill Division**

### **Softball – 2018-19**

#### **Most Valuable Player – Foothill Division**

Katie Hicks Northgate 11

#### **Most Valuable Pitcher – Foothill Division**

Kate Gillum Benicia 12

#### **1<sup>st</sup> Team All-League – Foothill Division**

Jordan Woolery Clayton Valley Charter 9

Marina Delaluna Concord 11

Alicia Campbell Benicia 10

Isabela Emerling Alhambra 10

Morgan Crosby College Park 10

Sofia Berryhill College Park 10

Bailey Sample Benicia 10

Hana Elawady College Park 10

Haley Randall Northgate 12

Sarah Shepherd Alhambra 11

Bryanna Waters Alhambra 12

Olivia Lee Northgate 11

#### **2<sup>nd</sup> Team All-League – Foothill Division**

Jordyn Williams Clayton Valley Charter 11

Alison Hess College Park 11

Lauren King Alhambra 12

Jenna Baza Benicia 12

Makenzie Stange Concord 11

Amanda Ajari Benicia 12

Kira Nilson Alhambra 10

Delaney Urban Clayton Valley Charter 11

Rachel McClure Benicia 12

Megan Downing College Park 12

Camille Lohse Concord 11

Justine De La Cruz-Carranza Alhambra 10

#### **Honorable Mention – Foothill Division**

Aleena Quintero Alhambra 11

Grace Zodikoff Northgate 11

Kylie Chen Berean Christian 12

Maddie Kincaid Berean Christian 12

Lorenzza Marcacci Benicia 9

Jennifer McCue Benicia 12

Jenna Piro College Park 10

Sierra Lees College Park 11

Nadia Gomez Northgate 9

Allison Harvey Northgate 12

Chloe Salita Berean Christian 10

Kennedy Gustin Berean Christian 9

Jackie Alday Clayton Valley Charter 9

Emma Postlethwaite Clayton Valley Charter 10

Lexi San Filippo Concord 11

Amber Desena Concord 11

# DIABLO ATHLETIC LEAGUE

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Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

## DFAL All-League Boys Swimming – 2018-19

### 1<sup>st</sup> Team All-League

Alec Baker	Campolindo
Jack Larsen	Campolindo
Mason Loyet	Campolindo
Sean Percin	Campolindo
Richard Zhang	Campolindo
Cal Brown	Clayton Valley Charter
John Parker	Clayton Valley Charter
Anthony Vizental	Clayton Valley Charter
Niklas Weigelt	Clayton Valley Charter
Jackson Painter	Miramonte
Adrian Dulay	Northgate
Zach Ledesma	Northgate
Andrew Rodriguez	Northgate
Kai Welsh	Northgate

### 2<sup>nd</sup> Team All-League

Garrett Dunn	Campolindo
Matt Lanzara	Campolindo
Zach Le-Nguyen	Campolindo
Graham Horrigan	Las Lomas

### Honorable Mention

Marcus Longton	Campolindo
Soren Jensen	Campolindo
Ryan Lenahan	Campolindo
Aidan Vollmar	Campolindo
Jake Alvarado	Las Lomas
Kenson Chau	Las Lomas
Ian Matthews	Las Lomas
Will Barber	Miramonte
Blake Hoover	Miramonte
Campbell Strand	Miramonte

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Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

## **DAL All-League Girls Swimming – 2018-19**

### **1<sup>st</sup> Team All-League**

Emily Gebhardt	Acalanes
Shelby Suppiger	Acalanes
Jessica Larson	Benicia
Eloise Engs	Miramonte
Sophia Kosturos	Miramonte
Katie Lyons	Miramonte
Margaux McDonald	Miramonte
Maile Andresen	Northgate
Caraline Levy	Northgate
Alyssa Lund	Northgate
Victoria Stahl	Northgate

### **2<sup>nd</sup> Team All-League**

Alex Fuller	Acalanes
Jewel Roemer	Acalanes
Claire Rowell	Acalanes
Maggie Buckley	Campolindo
Lizzy Follmer	Campolindo
Channing Hanley	Campolindo
Maddie Smith	Campolindo
Amber van Meines	Campolindo

### **Honorable Mention**

Heidi Heffelfinger	Acalanes
Vanessa Watts	Acalanes
Lola Ciruli	Campolindo
Lexi Fok	Campolindo
Katherine Hawkins	Campolindo
Ashleen O'Brien	Campolindo
Natalie Ung	Campolindo
Josie Carlson	Las Lomas
Kelly Kermoian	Las Lomas
Kristina Mooney	Las Lomas
Nina Statler	Las Lomas

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## DAL All-League - Foothill Division Boys Tennis – 2018-19

### 1<sup>st</sup> Team All-League - Singles

Cal Hunter	Campolindo	12
Clemens Von Dongen	Miramonte	9
Ryan Everly	Acalanes	12
Jason Lew	College Park	10
Patrick Toman	College Park	9
Nick Bohm	Campolindo	12

### 1<sup>st</sup> Team All-league –Doubles

Arjun Chhabra/Rory Miller	Campolindo	10/12
Dominic Davidson/Peter Aroner	Miramonte	12/9
Nick Broback/Shaan Saha	Acalanes	12/11

### 2<sup>nd</sup> Team All-League –Singles

Liam Sullivan	Miramonte	9
Nishad Elias	Miramonte	9
Cole Brightbill	Acalanes	12
Said Mamirov	College Park	12
Cedric Lim	Las Lomas	12
Noah Zakaria	Northgate	12

### 2<sup>nd</sup> Team All-League –Doubles

Ryan Benisadr/Leo Cardoza	Miramonte	11/9
Henry Hutchinson/Andrew Tso	Acalanes	12/11
Ethan Arroyo/Alan Zhou	Miramonte	11/12

### Honorable Mention –Singles

Josh Fleming	Campolindo	10
Kaisei Avart-Oyang	Acalanes	11
Jakob Taylor	Northgate	12
Tim Martin	College Park	11
Nick Hwang	Miramonte	10

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## **DAL All-League – Foothill Division Girls Tennis – 2018-19**

### **1<sup>st</sup> Team All-League – Foothill Division Singles**

Amber Lee	Miramonte	10
Macey Dowd	Miramonte	10
Sofia Zaprianov	Northgate	10
Eliza Bates	Acalanes	10
Sophie DeGroot	College Park	11
Kate Lee	Northgate	10

### **1<sup>st</sup> Team All-league – Foothill Division Doubles**

Michelle Tang/Peyton Smith	Miramonte	12/11
Paige Millham/Anna Hyman	Miramonte	12/11
Kylie Choi/Sarthika Chimmula	Northgate	10/10

### **2<sup>nd</sup> Team All-League – Foothill Division Singles**

Sydney Bell	Acalanes	12
Henriette Schmuck	Miramonte	10
Jasmine Toni	Acalanes	10
Zoe Cate	Acalanes	11
Jessie McCann	Northgate	11
Jade Kessinger	Las Lomas	10

### **2<sup>nd</sup> Team All-League – Foothill Division Doubles**

Charmae Wang/Juliette Barlier	Campolindo	12/11
Maile Nomura/Alex Bonardi	Campolindo	12/11
Maya Harrison/Alyson Eversole	Miramonte	12/12

### **Honorable Mention – Foothill Division Singles**

Vivian Toni	Acalanes	12
Vanessa Anderson	Miramonte	12
Emily Malton	College Park	12
Isabella Restrepo	Campolindo	11
Emily Xie	Las Lomas	10
Elise Enos	Northgate	9

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## DAL All-League Boys Track – 2018-19

### 1<sup>st</sup> Team All-League

<u>Name</u>	<u>School</u>	<u>Event(s)</u>
Austin Kresley	Northgate	100M, 200M, 4x400 Relay
Cameron Reynolds	Clayton Valley Charter	200M, 400M 4x100 Relay, 4x400 Relay
William Sornberger	Northgate	800M, 4x400 Relay
Edward Buckley	Campolindo	1600M, 3200M
Christo Malinov	Northgate	110 Hurdles
Lucas Humel	Las Lomas	300 Hurdles, 4x100 Relay, 4x400 Relay
Justin Lowe	Clayton Valley Charter	200M, 400M, 4x100 Relay
Gabriel Merritt	Clayton Valley Charter	4x100 Relay, 4x400 Relay
Christian Seeley	Clayton Valley Charter	4x100 Relay
Simon Lee	Northgate	4x400 Relay
John Hagedorn	Northgate	4x400 Relay
Nick Momaney	Alhambra	Shot Put, Discus Throw
Trevor Sidlauskas	Miramonte	Discus Throw
Johnny Choi	Acalanes	High Jump
Marcus Young	Miramonte	Pole Vault
Keaziah Smith	Acalanes	Long Jump, 4x100 Relay
Melvin Brown	Clayton Valley Charter	Triple Jump

### 2<sup>nd</sup> Team All-League

Mister Davis	Alhambra	100M
Garrett Louie	Miramonte	800M
Parker Wilkerson	Las Lomas	1600M, 4x400 Relay
Preston Norris	Las Lomas	3200M
Izzak Garcia	Clayton Valley Charter	110 Hurdles, 4x400 Relay
Mehdi Aziz	Las Lomas	300 Hurdles, 4x400 Relay
Jake Delaney	Acalanes	4x100 Relay
Aidan Mosley	Acalanes	4x100 Relay
Matt Miles	Acalanes	4x100 Relay
Tim Weidinger	Las Lomas	100M, 4x100 Relay, 4x400 Relay
Andrew McGallian	Clayton Valley Charter	Shot Put
Lucas Moore	Campolindo	Discus Throw
Daylon Hicks	Clayton Valley Charter	High Jump
Anish Visht	Campolindo	Pole Vault
Chris Rogers	Acalanes	High Jump, Long Jump
Sunghoon Jeun	College Park	Long Jump, Triple Jump

### Honorable Mention

<u>Name</u>	<u>School</u>	<u>Event(s)</u>
Jake Heinlein	College Park	400M
Rayce Walton	Acalanes	800M
Cayden Hein	Campolindo	1600M, 3200M
Izaak Mino-Fox	College Park	110 Hurdles, 300 Hurdles
Connor Choy	Las Lomas	4x100 Relay
Jalen Williams	Las Lomas	4x100 Relay
Nicholas Muller	Clayton Valley Charter	4x400 Relay
Hanson Yu	Northgate	Shot Put
Stephen Upson	College Park	Pole Vault
Irvin Chao	Acalanes	Triple Jump



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## DAL All-League Girls Track – 2018-19

### 1<sup>st</sup> Team All-League

<u>Name</u>	<u>School</u>	<u>Event(s)</u>
Desie Armstrong	Alhambra	100M
Maddy Doane	Campolindo	100M, 200M, 400M, 4x100 Relay
Rayna Stanziano	Concord	800M, 1600M, 3200M
Amy Christensen	Northgate	100 Hurdles, Pole Vault
Taylor Weidinger	Las Lomas	300 Hurdles, 4x100 Relay, 4x400 Relay
Naomi Purdy	Las Lomas	4x100 Relay
Sophia Pardo	Las Lomas	200M, 400M, 4x100 Relay, 4x400 Relay
MacKenzie Cooke	Las Lomas	4x400 Relay
Steffie Wong	Las Lomas	4x400 Relay
Emily Gillett	Las Lomas	4x400 Relay
Eden Broussard	Northgate	Shot Put
Anna Weier	Acalanes	Shot Put, Discus
Eliza Cashman	Northgate	High Jump
Airiana Dargan	Concord	Long Jump, Triple Jump

### 2<sup>nd</sup> Team All-League

Nicole Frigon	Acalanes	800M
Cassidy Haskell	Miramonte	1600M
Poloma Hancock	Campolindo	3200M
Mia Murphy	Northgate	100 Hurdles
Sara Tabibian	Campolindo	300 Hurdles, 4x100 Relay, 4x400 Relay
Emily Hatch	Campolindo	4x100 Relay, 4x400 Relay
Terryal Bell	Campolindo	4x100 Relay, 4x400 Relay
Alicia Hober	Campolindo	4x400 Relay
Gabriella Anderson	Northgate	Discus Throw
Iriionnia Allen	Miramonte	4x100 Relay, High Jump, Long Jump
Kyla Meyer	Miramonte	Pole Vault
Grace Corringan	Northgate	Triple Jump

### Honorable Mention

<u>Name</u>	<u>School</u>	<u>Event(s)</u>
Masina Mayo	Miramonte	100M, 4x100 relay, 4x400 Relay
Katelyn Carro	Benicia	200M, 400M
Lauren Yee	Acalanes	800M
Audrey Allen	Miramonte	1600M, 3200M
Piper Kunesh	Ygnacio Valley	100 Hurdles, 300 Hurdles
Ava Moran	Miramonte	4x100 Relay, 4x400 Relay
Kaylyn Goode	Miramonte	4x100 Relay, 4x400 Relay
Beatrice Whitaker	Miramonte	4x400 Relay
Magdalena Soltero	Concord	Shot Put
Sydney Speer	Clayton Valley Charter	Discus Throw
Joy Adesida	Alhambra	High Jump
Jessica Warren	Las Lomas	Pole Vault
Scarlette McCullough	Acalanes	Long Jump
Madelyn Robinson	Miramonte	Triple Jump

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## DAL All-League – Foothill Division Boys Volleyball – 2018-19

### Most Valuable Player – Foothill Division

Miks Ramanis	Northgate	11
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### 1<sup>st</sup> Team All-League – Foothill Division

Isaac Winn	CollegePark	11
Ben Blakely	Campolindo	10
Grant Holland	Las Lomas	12
Alex Franke	Acalanes	12
Phu Quy Ho	Campolindo	11
Trevor Lau	College Park	9
Grant McCargar	Northgate	12

### 2<sup>nd</sup> Team All-League – Foothill Division

Brendan Walker	Northgate	11
Tergel Uuganbayar	Las Lomas	11
Austin Kinneer	Acalanes	10
Colin Kirbach	Acalanes	12
Nikolai Heffernan	Acalanes	11
Nicolas Whitacre	Northgate	11
Josh Ewert	Campolindo	9

### Honorable Mention – Foothill Division

Jason Rupert	Northgate	12
Lane Altbaum	Acalanes	12
Gabe Fernandez	Las Lomas	12
Peter Berardini	College Park	9
Ryan Yick	Campolindo	12

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## **DAL All-League – Foothill Division Girls Volleyball – 2018-19**

### **Most Valuable Player – Foothill Division**

Sterling Parker	Alhambra	12
Audrey Pak	Campolindo	11

### **1<sup>st</sup> Team All-League – Foothill Division**

Sarah Carrasco	Campolindo	12
Sophia Newman	Campolindo	11
Michaela Rezentes	Alhambra	11
Madi Risch	Acalanes	11
Elsa Clever	Acalanes	12
Aubrey Roberts	Northgate	12
Megan Holman	Miramonte	12

### **2<sup>nd</sup> Team All-League – Foothill Division**

Rachel Go	Acalanes	12
Erin Thomas	Campolindo	10
Grace Paulson	Las Lomas	12
Morgan Elliott	Alhambra	10
Lauren Lim	Miramonte	12
Jen Giron	Miramonte	12
Ali Silva	Northgate	12

### **Honorable Mention – Foothill Division**

Cailyn Good	Miramonte	12
Roxy Cummings	Acalanes	12
Elizabeth Canon	Campolindo	12
Haleigh Brown	Alhambra	11
Alexa Evans	Las Lomas	12
Lauren Brendt	Northgate	12

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## **DAL All-League – Foothill Division Boy's Water Polo – 2018-19**

### **Most Valuable Player – Foothill Division**

Soren Jensen	Campolindo	11
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### **Outstanding Goalie – Foothill Division**

West Temkin	Campolindo	9
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### **1<sup>st</sup> Team All-League – Foothill Division**

Giorgio Alessandria	Campolindo	12
Leo Berkman	Miramonte	12
Garrett Dunn	Campolindo	12
Beck Jurasius	Campolindo	12
Marcus Longton	Campolindo	12
Dylan Mann	Las Lomas	12
Jackson Painter	Miramonte	11
Narayan Sharma	Miramonte	12
Max Stryker	Acalanes	12

### **2<sup>nd</sup> Team All-League – Foothill Division**

Mac Darin	Acalanes	11
Casey Estes	Miramonte	12
Peter Hillen	Miramonte	12
Brady Hoover	Miramonte	11
Jack Larsen	Campolindo	12
Ryan Lenahan	Campolindo	11
Tom McGuire	Campolindo	11
Tommy O'Connor	Las Lomas	10
Aiden Pearce	Las Lomas	11
Reid Schioldager	Miramonte	12

### **Honorable Mention – Foothill Division**

Robert Bettencourt	Acalanes	11
Spencer Campos	Miramonte	12
Jack Martin	Las Lomas	11
Brock Zamanian	Campolindo	10

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## **DAL All-League – Foothill Division Girls Water Polo – 2018-19**

### **Most Valuable Player – Foothill Division**

Jewel Roemer	Acalanes	11
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### **Outstanding Goalie – Foothill Division**

Savannah Sherwood	Miramonte	12
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### **1<sup>st</sup> Team All-League – Foothill Division**

Zoe Crouch	Campolindo	12
Christina Crum	Campolindo	12
Alex Fellner	Acalanes	12
Sally Fellner	Miramonte	11
Katherine Hawkins	Campolindo	12
Katie Lyons	Miramonte	12
Claire Rowell	Acalanes	10
Lexi Rowell	Acalanes	12
Kylie Walker	Acalanes	12

### **2<sup>nd</sup> Team All-League – Foothill Division**

Camryn Sutter	Campolindo	12 - Goalie
Zoe Benizek	Acalanes	11
Zoe Chapital	Las Lomas	12
Lola Ciruli	Campolindo	11
Ava Dunlcavy	Acalanes	10
Abby Fleming	Miramonte	12
Jessica Henningsen.	Campolindo	12
Meredith Holm	Las Lomas	11
Chloe Morrison	Miramonte	11
Alex Mould	Acalanes	10
Nina Munson	Campolindo	11
Fiona Young	Miramonte	10

### **Honorable Mention – Foothill Division**

Courtney Coleman	Miramonte	10
Renee Fleming	Las Lomas	10
Mary Beth Heffelfinger	Acalanes	11

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## DAL All-League Boys Wrestling– 2018-19

### 1<sup>st</sup> Team All-League

106	Lorenzo Gunn	Benicia
113	Jacob Quichocho	College Park
120	Gus Petruske	College Park
126	Marco Ruffinelli	Las Lomas
132	Basil Othman	Benicia
138	Josiah Monjares	Las Lomas
145	Daniel Karas	College Park
152	Gage Mettler	Northgate
160	Steven Williams	Acalanes
170	Tate Bossert	Las Lomas
182	Sirr Henson	Benicia
195	Parker Godfrey	Las Lomas
220	Steven Karras	College Park
285	Jacob Sartorio	Clayton Valley Charter

### 2<sup>nd</sup> Team All-League

106	Steven Reynolds	Concord
113	Noah Hamann	Campolindo
120	Jake Gaitan	Las Lomas
126	Andre Dargani	Concord
132	Angelo Esposito	Northgate
138	Cole Sanchez	Northgate
145	Kiko Acosta	Las Lomas
152	Logan Sales	Las Lomas
160	Kian Ramos	Benicia
170	Nicolas Le Sieur	Northgate
182	Kai Hall Nitto	Las Lomas
195	Mac Graves	Northgate
220	Cesar Correa	Acalanes
285	Eric Karras	College Park

**Honorable Mention**

106	Antonio Martinez	Las Lomas
113	Julian Schmilinsky	Las Lomas
120	Brandon Reynolds	Benicia
126	Michael Jimenez	Benicia
132	Ethan Dimitri	Clayton Valley Charter
138	Damion Pergakis	Alhambra
145	Francisco Espinosa	Northgate
152	JianCarlo Perseveranda	Benicia
160	Andrew Hamant	College Park
170	Jack Gruen	Campolindo
182	Paul Diaz	Concord
195	Angelo Tugade	Benicia
220	Carlos Hernandez	Alhambra
285	Trentin Farell	Alhambra