



2023 BOYS & GIRLS WATER POLO FOOTHILL DIVISION

Acalanes, Campolindo, Las Lomas, Miramonte

First Day of Practice: August 7, 2023

Max Contests: 24 plus 2 scrimmages

Game Times: JV Girls 4:00, Var Girls 5:00, Var Boys 6:00, JV Boys 7:00

*Boys and girls will flip start times 2nd half of DAL season

Approved January 26, 2023; Year 1 of 1

Wednesday Sept 20	Miramonte Las Lomas	@ @	Campolindo Acalanes
Wednesday Sept 27	Campolindo Acalanes	@ @	Las Lomas Miramonte
Wednesday Oct 4	Acalanes Las Lomas	@ @	Campolindo Miramonte
Wednesday Oct 11	Campolindo Acalanes	@ @	Miramonte Las Lomas
Wednesday Oct 18	Las Lomas Miramonte	@ @	Campolindo Acalanes
Wednesday Oct 25	Campolindo Miramonte	@ @	Acalanes Las Lomas
Oct 28	Final Date for Competition & Playoff Applications due 9:00 pm		
Oct 29	NCS Seeding Meeting		
Nov 1,2,4,8,11	NCS Championships		
Nov 14,16,18	CIF Nor-Cal Championships		