2026 TRACK & FIELD
VALLEY DIVISION

Alhambra, Benicia, Berean Christian, College Park, Concord, Mt. Diablo, Ygnacio Valley

First Day of Practice: February 9, 2026
Max Contests: 14 plus 2 scrimmages
Game Times: 3:30 pm
APPROVED MAY 20, 2025; Year 2 of 2

Wednesday, March 4
Ygnacio Valley/Berean Christian @ College Park

***BUSD Spring Break March 30-April 6**
***BC,MUSD Spring Break April 3-10**
***MDUSD Spring Break April 6-13**

Wednesday, March 11
Concord/Mt. Diablo @ Ygnacio Valley/Berean Christian
College Park - Bye

Wednesday, March 18
Benicia @ College Park
Alhambra @ Concord/Mt. Diablo T 3/17
Ygnacio Valley/Berean Christian – Bye

Wednesday, March 25
Ygnacio Valley/Berean Christian @ Benicia
College Park @ Alhambra T 3/24 @ CP
Concord/Mt. Diablo – Bye

Wednesday, April 1
Alhambra @ Ygnacio Valley/Berean Christian
College Park @ Concord/Mt. Diablo T 3/31
Benicia – Bye

Wednesday, April 15
Benicia @ Alhambra T 4/14 @ Benicia

Wednesday, April 22
Concord/Mt. Diablo @ Benicia
Alhambra – Bye

Friday, April 24
DAL Valley "Last Chance" @ Concord 4:00 pm

May 2	DAL Trials Field Events 9:30; Track 10:00
May 9	DAL Finals Field Events 9:00; Track 9:30
	(Alternate dates in event of emergency May 7, 8)
May 9	Deadline to Determine Qualifiers
May 16	NCS Tri-Valley Championships
May 22,23	NCS Meet of Champions
May 29,30	CIF State Championships