2026-2027 WRESTLING VALLEY DIVISION

Acalanes, Benicia, Berean Christian, Campolindo, Miramonte, Mt. Diablo, Ygnacio Valley

First Day of Practice: November 2, 2026
Max Contests: 40 plus 2 scrimmages
Start Times: 6:00, 7:00 pm
Double Duals Start Time: 5:00 pm
APPROVED APRIL 16, 2026; Year 1 of 2

Week 1: Wednesday January 6 or Thursday January 7 @ TBA (Acalanes 2025-26)

Campolindo	vs	Miramonte	**Miramonte**	vs	Ygnacio Valley
Berean Christian	vs	Ygnacio Valley	**Benicia**	vs	Campolindo
Mt. Diablo	vs	Acalanes	**Berean Christian**	vs	Mt. Diablo
Benicia BYE			Acalanes BYE		

***ALL MATCHES ARE DOUBLE DUAL; BOLD team are home school for double dual matches**

Week 2: Wednesday January 13 or Thursday January 14 @ TBA (MD 2025-26)

Acalanes	vs	Berean Christian	**Miramonte**	vs	Acalanes
Campolindo	vs	Mt. Diablo	**Benicia**	vs	Berean Christian
Ygnacio Valley	vs	Benicia	**Campolindo**	vs	Ygnacio Valley
Miramonte BYE			Mt. Diablo BYE		

***ALL MATCHES ARE DOUBLE DUAL; BOLD team are home school for double dual matches**

Week 3: Wednesday January 20 or Thursday January 21 @ TBA (Concord 2025-26)

Miramonte	vs	Mt. Diablo	**Benicia**	vs	Miramonte
Acalanes	vs	Benicia	**Mt. Diablo**	vs	Ygnacio Valley
Berean Christian	vs	Campolindo	**Acalanes**	vs	Campolindo
Ygnacio Valley BYE			Berean Christian BYE		

***ALL MATCHES ARE DOUBLE DUAL; BOLD team are home school for double dual matches**

Week 4: Tuesday January 26 or Wednesday January 27

Miramonte	**@**	**Berean Christian**
Ygnacio Valley	**@**	**Acalanes**
Benicia	**@**	**Mt. Diablo**
Campolindo BYE		

January 1	2 lb. Growth Allowance
January 27	Final Date of Team Competition & Playoff Applications due 10:00 pm
January 30	NCS Dual Team Championships
February 6	DAL Championships @ College Park
February 8	Seeding Meeting for Boys Divisional Tournament 6:00 pm
February 9	Seeding Meeting for Girls Divisional Tournament 6:00 pm
February 12,13	NCS Divisional Tournaments
February 19,20	NCS Championships
Feb 25-27	CIF State Championships