



2022-2023 GIRLS VOLLEYBALL FOOTHILL DIVISION

Acalanes, Benicia, Campolindo, Las Lomas, Miramonte, Northgate

First Day of Practice: August 8, 2022
Max Contests: 24 plus 2 scrimmages
Game Times: Frosh-4:00, JV-5:00, Varsity-6:30
Approved January 27, 2022; Year 2 of 2

Game 1: Tuesday, September 20

Las Lomas @ Northgate
Acalanes @ Benicia
Miramonte @ Campolindo

Game 2: Thursday, September 22

Northgate @ Benicia
Miramonte @ Las Lomas
Campolindo @ Acalanes

Game 3: Tuesday, September 27

Las Lomas @ Campolindo
Acalanes @ Northgate
Benicia @ Miramonte

Game 4: Thursday, September 29

Campolindo @ Benicia
Miramonte @ Northgate
Las Lomas @ Acalanes

Game 5: Tuesday, October 4

Acalanes @ Miramonte
Northgate @ Campolindo
Benicia @ Las Lomas

Game 6: Thursday, October 6

Northgate @ Las Lomas
Benicia @ Acalanes
Campolindo @ Miramonte

Game 7: Tuesday, October 11

Benicia @ Northgate
Las Lomas @ Miramonte
Acalanes @ Campolindo

Game 8: Thursday, October 13

Campolindo @ Las Lomas
Northgate @ Acalanes
Miramonte @ Benicia

Game 9: Tuesday, October 18

Benicia @ Campolindo
Northgate @ Miramonte
Acalanes @ Las Lomas

Game 10: Thursday, October 20

Miramonte @ Acalanes
Campolindo @ Northgate
Las Lomas @ Benicia

October 22 Final Date of Competition & Playoff Applications due 10:00 pm
October 23 NCS Seeding Meetings
October 25,29, Nov 2,5 NCS Championships Divisions 1, 3, 5
October 26,29, Nov 2,5 NCS First Round Divisions 2, 4, 6
Nov 8,9,10,12,15 CIF Nor-Cal Championships
Nov 18,19 CIF Championships