

DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park,
Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

SWIMMING 2018-19

FOOTHILL DIVISION

Acalanes, Benicia, Campolindo,
Las Lomas, Miramonte, Northgate

First Day of Practice: Jan 28, 2019

Max Contests; 14 / 2

Start Times: 3:45 PM

Approved: January 24, 2019

Week of:

Mar 11 Benicia @ Campolindo
 Las Lomas @ Acalanes
 Miramonte @ Northgate

Mar 18 Miramonte @ Benicia
 Northgate @ Las Lomas
 Acalanes @ Campolindo

Mar 25 Benicia @ Acalanes
 Las Lomas @ Miramonte
 Campolindo @ Northgate

Apr 8 Northgate @ Benicia
 Campolindo @ Las Lomas
 Acalanes @ Miramonte

Apr 15 Benicia @ Las Lomas
 Miramonte @ Campolindo
 Northgate @ Acalanes

JV Invitational: April 20 9:00AM

DAL Trials: April 25 2:30 PM

DAL Finals: April 27 1:00 PM

NCS Seeding Meeting: April 29

NCS Diving Championships: May 2

NCS Swimming Trials: May 3

NCS Swimming Championships: May 4

CIF State Championships: May 10 & 11