SPORT GUIDELINES
BEACH VOLLEYBALL

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

Proposed to ADs: April 24, 2024

1. SEASON

1.1 Girls Beach Volleyball is a Spring Sport, as defined by CIF.
1.2 Starting dates for practice will be determined by NCS.

2. CONTEST INFORMATION

2.1 Matches will be played on Wednesdays & Thursdays.
2.2 Starting times: Wednesday 3:00 pm and Thursdays 3:30 pm.
2.3 Maximum number of contests: 24.
2.4 Maximum number of scrimmages: 1.
2.5 League games will not be played when school is not in session, unless agreed upon by AD's and Principals of both schools.
2.6 Contest format shall occur between two schools in a head-to-head format (duel). three (3 pairs) or Five (5 pairs) matches will be played to determine the outcome of the duel which will include a minimum of three (3) pairs or five (5) pairs/flights of teammates from opposing schools.
2.7 Host team is to contact visiting team to find out how many pairs will be playing (3 or 5).
2.8 If a team cannot field the minimum number of pairs to play (3) the matches they cannot play will be counted as a forfeit.
2.9 The duel will be the best of 3, or best of 5 format, so the first school to win two (2) or three (3) matches will win the duel.
2.10 Matches will consist of two out of three sets. Each set will be played to 21 points and the third set will be played to 15 points. The winner must win by 2 points.
2.11 Challenge Ladder: Strength ladders must be available for inspection prior to the match. The submitted team ladder must represent the strongest ladder for their team. Moving pairs around with the intent of gaining an advantage is not allowed and shall subject the team to forfeit. A pair may only move up or down one position on the ladder by challenge. The lineup must stay in order of ability.
2.12 The lineup must be presented prior to the start of the duel.
2.13 Host team is responsible for reporting match results to the DAL.
2.14 Rain Outs: League matches postponed must be made up on a date agreed upon by coaches with athletic director approval.

3. RULES

3.1 "10 Minute" Official Pre- Match Protocol: Coin toss at -10min, then 8 minute warmup period. Winner of the coin toss chooses to serve, receive or side.
3.2 Both captains state service order for the set at the conclusion of the coin toss. (1st & 2nd Server).
3.3 Players alternate terms of service. Server must initiate from a playable area.
3.4 After 7 points of play in sets 1 & 2, and after 5 points of play in set 3, the teams will switch sides; players switch, then resume play.
3.5 Each team may call ONE timeout per set. Timeout is 60 seconds, and are to be taken near the court. Coaches may suggest a timeout to their captain.
3.6 A "Technical Timeout – 60 secs" (TTO) after 21 combined points in sets 1 and 2 will occur. There is NOT a Technical Timeout in the Deciding 3rd set.
3.7 The interval between sets is 2 minutes.
3.8 Match is scored best-of-three played to 21, 21, 15. Rally scoring; win by two. Ties Ties will be capped at 30

points; first team to 30 wins. No cap for the deciding third set.

3.9 The ball is “IN” if it lands inside the court or touches a boundary line. Corner “tie-downs” are not considered boundary lines.

3.10 Coaches may not give instructions during play; they may give instruction only during time outs, technical time-outs, side changes (walk and talk), and between sets.

3.11 Coaches have the option of moving eligible players up and or down between the JV and Varsity levels but not on the same day. Players moved down from Varsity may only play in the top 2 pairs of the JV ladder and must be paired with a JV player.

3.12 Seniors are not allowed to play in JV games, unless approved by a vote of the Principals and/or AD’s.

4. EQUIPMENT AND UNIFORM

4.1 Uniform tops must include the school name or mascot.

4.2 Partners must wear identical colored jerseys. The entire team must be in one matching color scheme.

4.3 Lines should be clearly marked. Recommended 2” thickness. The home team is responsible for ensuring the net is adjusted appropriately for women’s beach volleyball (7’ 41/8).

4.4 The home team provides 5-10 balls for the Visiting Team and 2 designated game balls for matches.

5. OFFICIALS

5.1 Players will officiate their own matches. If a controversy occurs, they may call for line judges. A judge shall be selected, agreeable to both coaches, to assist in calls made by the players.

5.2 A partner from each school will assist in keeping the score of a match. The the home team will provide necessary scorekeeping sheets.

5.3 Coaches shall mutually resolve officiating problems that develop.

6. DETERMINATION OF LEAGUE OR DIVISION CHAMPIONS

6.1 League or Division Champions:

6.1.1 The League or Division Champion will be the team with the best overall record over the course of the league or division schedule.

6.1.2 If there is a tie for first place, the tied teams will be Co-Champions.

7. ALL LEAGUE SELECTIONS

7.1 The All-League Teams from the DAL will be as follows: 3-1st Team Pairs; 3-2nd Team Pairs; 1 Honorable Mention per school, voted on by the coaches during the Post-season meeting.

7.2 If a school is not in attendance at the meeting, their coach may submit one pair after the meeting is over, that pair will be on the Honorable Mention Team.

7.3 Any athlete who is deemed academically or behaviorally ineligible at their school will not be eligible for all-league consideration. Athletes who are ejected twice during the season under the NCS ejection policy will not be eligible for all-league consideration.