

DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

1357 Sussex Way, Concord, CA 94521; Telephone: (925) 609-7005 DiabloALeague@gmail.com

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

DAL All-League Boys Cross Country – 2019-20

1st Team All-League

Dylan Gunn	Campolindo	11
Alexander Lodewick	Campolindo	9
Ethan Gaigalas	College Park	12
Sebastian Vaisset-Fauvel	College Park	11
Logan Harlow	Northgate	12
Dylan Mitchley	Campolindo	12
Lev Afonine	College Park	10

2nd Team All-League

Sam Roth	Acalanes	11
Andrew Owens	Acalanes	12
Rhys Pullen	Campolindo	10
Diego Huerta	Concord	12
Owen Lekki	Campolindo	11
Alex Lamoureux	College Park	9
Nathan Butterfield	Clayton Valley	12

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DAL All-League Girls Cross Country – 2019-20

1st Team All-League

Audrey Allen	Miramonte	11
Paloma Hancock	Campolindo	12
Isabella Alviz	College Park	10
Ellie Buckley	Campolindo	9
Emma Yamamoto	Las Lomas	10
Emma Smith	Campolindo	12
Alicia Hober	Campolindo	12

2nd Team All-League

Lauren Yee	Acalanes	10
Claire Nolet	Miramonte	10
Nicole Frigon	Acalanes	11
Grace Reed	College Park	9
Lindsay Reed	College Park	10
Zoe Theulier	Campolindo	9
Ellie Guthrie	Campolindo	12

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DAL All-League – Foothill Division Football - 2019-20

<u>Name</u>	<u>School</u>	<u>Position</u>	<u>Grade</u>
Most Valuable Player Offense– All-League - Foothill Division			
Isaiah Newell	Las Lomas	RB	12
Most Valuable Player Defense– All-League - Foothill Division			
Mason Mastrov	Campolindo	DL	12
First Team – All-League – Foothill Division			
Matt Meredith	Miramonte	QB	12
Grant Harper	Campolindo	QB	12
Ryan O’Neil	Campolindo	RB	12
Reed Callister	Miramonte	WR	12
Tanner Zwahlen	Miramonte	WR	12
Lucas Eppinger	Acalanes	WR	12
Jack Muren	Acalanes	WR	12
Zach Patterson	Las Lomas	WR	12
Jackson Wheeler	Campolindo	OL	12
John Kalil	Acalanes	OL	12
Mason Reese	Las Lomas	OL	11
Caden Royere	Las Lomas	DB	12
Jack Daugherty	Campolindo	DB	12
Dom Gravino	Las Lomas	LB	12
Will Windatt	Campolindo	LB	12
Sammy Von Felden	Las Lomas	LB	12
Mike O’Donnell	Acalanes	LB	12
Tommy Thrasher	Acalanes	LB	12
Elijah Lash	Las Lomas	DL	12
Brandon Manty	Campolindo	DL	12
Joey Carrillo	Acalanes	DL	11
Hunter Ridley	Acalanes	K	11

Second Team – All- League – Foothill Division

Brady Hutchinson	Acalanes	QB	11
Nick Kane	Las Lomas	RB	12
Rex Curtis	Campolindo	WR	12
Maxwell Weaver	Campolindo	WR	11
Tyler Darr	Las Lomas	WR	12
Connor Cook	Las Lomas	OL	12
Marco Balestrieri	Las Lomas	OL	11
John Kelly	Alhambra	OL	11
Roenigk Straub	Miramonte	OL	11
Matai Bell	Campolindo	OL	11
Tyler Darr	Las Lomas	DB	12
Nick Pearson	Acalanes	DB	12
Luke Miles	Acalanes	DB	12
Tanner Zwahlen	Miramonte	DB	12
Ryan Silva	Alhambra	DB	12
Jean-Luc Axelrode	Campolindo	DB	12
Sam Ross	Miramonte	LB	10
Charlie Craig	Campolindo	LB	12
Carson Gragg	Acalanes	LB	12
Graham Oh	Acalanes	LB	11
JT Clarke	Campolindo	LB	11
Zac Transue	Las Lomas	DL	12
Niko Cortessis	Acalanes	DL	11

Honorable Mention

Tanner Fritschi	Las Lomas	OL	11
Marco Balestrieri	Las Lomas	DL	11
Mason Reese	Las Lomas	DL	11
Ryan Fritch	Campolindo	DB	12
Jake Crumbaugh	Campolindo	DL	12
Elijah Klock	Campolindo	OL	10
Stradley Foutch	Miramonte	DL	11
Donald Frank	Miramonte	OL	11
Jake Delancy	Acalanes	RB	12
Carson Burrill	Acalanes	OL	12
JJ Gervais	Alhambra	RB	11
Jaycob Primer	Alhambra	RB	11
Ryan Bromley	Alhambra	WR	11

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DAL All-League – Foothill Division Girls Golf – 2019-20

<u>Name</u>	<u>School</u>	<u>Grade</u>
Most Valuable Player – Foothill Division		
Kaylen Tu	Miramonte	10
First Team All-League – Foothill Division		
Gia Feliciano	Northgate	12
Kaydee Tu	Miramonte	12
Ellexis Mingming	Northgate	9
Sam Ricafrente	Northgate	12
Katie Ingrey	Miramonte	12
Second Team: All-League – Foothill Division		
Elizabeth Contreras	Las Lomas	11
Kate Nelson	Miramonte	12
Maddie Starke	Northgate	10
McKenna Dixon	Las Lomas	12
Kendall Geddes	Acalanes	9
Honorable Mention: All-League – Foothill Division		
Ainsley Murphy	Campolindo	10
MaKenna Chelemedos	Acalanes	9
Sam Pierce	Las Lomas	9
Chase Obsitnik	Campolindo	10
Heather Shinn	Miramonte	11

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DAL All-League – Foothill Division Girls Tennis – 2019-20

1st Team All-League – Foothill Division Singles

Macey Dowd	Miramonte	11
Eliza Bates	Acalanes	11
Sophie DeGroot	College Park	12
Gabby Thomas	College Park	11
Jasmine Toni	Acalanes	11
Kate Brown	Campolindo	12

1st Team All-league – Foothill Division Doubles

Shelia Lakhotia/Riley George	Miramonte	12/10
Juliette Barlier/Francesca Restrepo	Campolindo	12/10
Sarah Vranesh/Sarah Warner	Campolindo	12/11

2nd Team All-League – Foothill Division Singles

Brigitte Uriarte	Miramonte	11
Jade Kissinger	Las Lomas	11
Kylie Choi	Northgate	11
Analesa Ruczynski	Acalanes	9
Claire Ross	Campolindo	10
Celia Campo	Campolindo	12

2nd Team All-League – Foothill Division Doubles

Anna Hyman/Grace Barmmerll	Miramonte	12/11
Bianca Robinson/Sarthika	Campolindo	11/11
Isabella Restrepo/Alex Bonardi	Campolindo	12/12

Honorable Mention – Foothill Division Singles

Valerie Swe	Miramonte	12
Emma Casey	Las Lomas	12
Anna Detre	College Park	12
Zoe Cate	Acalanes	12
Noel Seo	Campolindo	11
Melania Tsi	Northgate	11

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DAL All-League – Foothill Division Girls Volleyball – 2019-20

Most Valuable Player – Foothill Division

Audrey Pak	Campolindo	12
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1st Team All-League – Foothill Division

Michaela Rezentes	Alhambra	12
Erin Thomas	Campolindo	11
Sophia Newman	Campolindo	11
Grace Paulson	Las Lomas	12
Audrey French	Miramonte	12
Lane Webster	Acalanes	12
Madi Risch	Acalanes	12

2nd Team All-League – Foothill Division

Paris Haraguchi	Northgate	11
Jenna Foster	Miramonte	11
Sydney Bower	Alhambra	11
Madi Laxamana	Las Lomas	11
Haleigh Brown	Alhambra	12
Kennedy Cornish	Acalanes	12
Tui Saluni	Northgate	10

Honorable Mention – Foothill Division

Sydney Jacinto	Las Lomas	11
Kaitlyn Farrell	Northgate	12
Arielle Allen	Campolindo	12
Morgan Elliott	Alhambra	11
Amber Chu	Miramonte	9
Sydney Sowarby	Acalanes	11

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DAL All-League – Foothill Division Boy's Water Polo – 2019-20

Most Valuable Player – Foothill Division

Jackson Painter	Miramonte	12
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Outstanding Goalie – Foothill Division

West Temkin	Campolindo	10
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1st Team All-League – Foothill Division

Blake Hoover	Miramonte	12
Brady Hoover	Miramonte	12
William Thomas	Miramonte	12
Soren Jensen	Campolindo	12
Tom McGuire	Campolindo	12
Brock Zamanian	Campolindo	11
Tom O'Connnor	Las Lomas	11
Jack Martin	Las Lomas	12
Mac Darin	Acalanes	12

2nd Team All-League – Foothill Division

Oliver Von Karl	Miramonte	12 - Goalie
Logan Estes	Campolindo	12 - Goalie
Adam Ting	Miramonte	11
Will Coons	Miramonte	11
Charlie Bettencourt	Acalanes	12
Jay Mills	Acalanes	11
Donny Nicol	Las Lomas	12
Matthew Reynolds	Las Lomas	12
Caleb Boggan	Campolindo	11
Ryan Lenahan	Campolindo	11

Honorable Mention – Foothill Division

Will Hollerbach	Miramonte	11
Luke Vandenberg	Campolindo	12
Aidan Pearce	Las Lomas	12 - Goalie
Mike Winther	Acalanes	12

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DAL All-League – Foothill Division Girls Water Polo – 2019-20

Most Valuable Player – Foothill Division

Jewel Roemer	Acalanes	12
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Co-Outstanding Goalies – Foothill Division

Ava Donleavy	Acalanes	11
Lindsay Lucas	Miramonte	9

1st Team All-League – Foothill Division

Claire Rowell	Acalanes	11
Alana McCartney	Acalanes	11
Mary Beth Heffelfinger	Acalanes	12
Alex Mould	Acalanes	11
Nina Munson	Campolindo	12
Lola Ciruli	Campolindo	12
Tallulah Clancy	Campolindo	11
Sally Fellner	Miramonte	12
Chloe Morrison	Miramonte	12
Fiona Young	Miramonte	11
Meredith Holm	Las Lomas	12

2nd Team All-League – Foothill Division

Brooke Westphal	Acalanes	12
Heidi Heffelfinger	Acalanes	10
Caroline Schirmer	Acalanes	11
Maggie Hawkins	Campolindo	10
Marissa Ennis	Campolindo	12
Maddie Sumner	Campolindo	11
Meghan McAninch	Miramonte	9
Mackenzie Murphy	Miramonte	11
Portia Sasser	Las Lomas	11
Renee Fleming	Las Lomas	11

Honorable Mention – Foothill Division

Emma Miller	Acalanes	11
Courtney Coleman	Miramonte	11
Haley Hunter	Campolindo	12
Cassie Halaszynski	Las Lomas	11 - Goalie