



# 2021-2022 WRESTLING VALLEY DIVISION

Acalanes, Berean Christian, Campolindo, Concord, Miramonte, Mt. Diablo, Ygnacio Valley

First Day of Practice: November 1, 2021

Max Contests: 40 plus 2 scrimmages

Start Times: 6:00, 7:00 pm

Double Duals Start Time: 5:00 pm

~~Approved: May 6, 2021;~~ **REVISED/APPROVED OCTOBER 17, 2021** Year 1 of 2

## Wednesday January 5: Campolindo Host

Acalanes	vs <b>Miramonte</b>	Miramonte	vs <b>Mt. Diablo</b>
Concord	vs <b>Berean Christian</b>	Acalanes	vs <b>Concord</b>
Ygnacio Valley	vs <b>Campolindo</b>	Campolindo	vs <b>Berean Christian</b>
Mt. Diablo	BYE	Ygnacio Valley	BYE

**\*ALL MATCHES ARE DOUBLE DUAL; BOLD team are home school for double dual matches**

## Wednesday January 12: Miramonte Host

Concord	vs <b>Miramonte</b>	Miramonte	vs <b>Ygnacio Valley</b>
Mt. Diablo	vs <b>Ygnacio Valley</b>	Concord	vs <b>Campolindo</b>
Acalanes	vs <b>Campolindo</b>	Berean Christian	vs <b>Mt. Diablo</b>
Berean Christian	BYE	Acalanes	BYE

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## Tuesday January 25: Acalanes Host

Campolindo	vs <b>Miramonte</b>	Berean Christian	vs <b>Miramonte</b>
Berean Christian	vs <b>Ygnacio Valley</b>	Ygnacio Valley	vs <b>Acalanes</b>
Mt. Diablo	vs <b>Acalanes</b>	Concord	vs <b>Mt. Diablo</b>
Concord	BYE	Campolindo	BYE

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## Thursday February 3

Acalanes @ Berean Christian  
Campolindo @ Mt. Diablo  
Ygnacio Valley @ Concord  
Miramonte BYE

Dec 3	DAL Novice Tournament @ Campolindo
January 1	2 lb. Growth Allowance
February 2	Final Date of Team Competition & Playoff Applications due 10:00 pm
February 5	NCS Team Championships @ Benicia
February 11, 12	DAL Championships @ College Park
February 12	Final Date of Individual Competition & Girls Entries due 5:00 pm
February 12	Final Date of Individual Competition & Boys Entries due 11:59 pm
February 13	NCS Seeding Meeting
February 18, 19	NCS Championships
February 24-26	CIF Championships