

# DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,  
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

## VALLEY DIVISION

### WRESTLING 2018-19

**Alhambra, Berean Christian, Campolindo, Concord,  
Miramonte, Mt. Diablo, Ygnacio Valley**

First Day of Practice: October 29, 2018  
Max Contests; 40 matches / 2 scrimmages

Start Times: 6:00PM/7:00PM  
Double Duals: Start Time: 5:00PM  
**Approved: May 10, 2018**

Wed Dec. 12 Miramonte, BYE  
**Berean Christian**, Alhambra  
**Campolindo**, Mt. Diablo  
**Ygnacio Valley**, Concord  
(All above – double duals)

Miramonte, **Alhambra**  
Mt. Diablo, BYE  
Berean Christian, **Concord**  
Campolindo, **Ygnacio Valley**  
**AT Alhambra**

Wed Jan. 9 **Miramonte**, Mt. Diablo  
**Alhambra**, Concord  
Ygnacio Valley BYE  
Berean Christian **Campolindo**  
(All above – double duals)

Miramonte, **Concord**  
**Mt. Diablo**, Concord  
**Alhambra**, Campolindo  
Berean Christian, BYE  
**AT Mt. Diablo**

Wed Jan 16 **Miramonte**, Ygnacio Valley  
**Concord**, Campolindo  
Mt. Diablo, **Berean Christian**  
Alhambra, BYE  
(All above – double duals)

Miramonte, **Campolindo**  
Ygnacio Valley, **Berean Christian**  
Concord, BYE  
**Mt. Diablo**, Alhambra  
**AT Miramonte**

Wed Jan 30 Miramonte @  
Campolindo @  
Alhambra @  
Mt. Diablo @

**Berean Christian**  
BYE  
**Ygnacio Valley**  
**Concord**

DAL Novice Tournament:

Nov. 30

DAL League Championships:

Feb. 9 - Campolindo

Deadline to determine dual team qualifiers:

Jan. 30; Dual Team Competition: Feb. 2

Deadline for leagues to determine individual qualifiers:

Feb. 9

NCS Seeding Meeting:

Feb 10;

NCS Championships:

Feb 15, 16

State CIF Championships:

Feb. 22, 23

**\*TEAMS IN BOLD ARE HOME SCHOOL FOR DOUBLE DUAL MATCHES**