

DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

FOOTHILL DIVISION

WRESTLING 2018-19

**Acalanes, Benicia, Clayton Valley,
College Park, Las Lomas, Northgate**

First Day of Practice: October 29, 2018
Max Contests; 40 matches / 2 scrimmages

Start Times: 6:00PM/7:00PM
Double Duals: Start Time: 5:00PM
Approved: May 10, 2018

Wed Jan 9	Benicia , Acalanes Clayton Valley , Northgate Las Lomas , College Park (All above – Double duals)	Benicia, Northgate Acalanes , College Park Clayton Valley Las Lomas AT Clayton Valley
Wed Jan 16	Benicia , College Park Northgate , Las Lomas Acalanes , Clayton Valley (All above – Double duals)	Benicia, Las Lomas College Park, Clayton Valley Northgate, Acalanes AT Acalanes
Wed Jan 30	Clayton Valley @ Acalanes @ College Park @	Benicia Las Lomas Northgate

DAL Novice Tournament:	Nov. 30
DAL League Championships:	Feb. 9 - Campolindo
Deadline to determine dual team qualifiers:	Jan. 30; Dual Team Competition: Feb. 2
Deadline for leagues to determine individual qualifiers:	Feb. 9
NCS Seeding Meeting:	Feb 10;
NCS Championships:	Feb 15, 16
State CIF Championships:	Feb. 22, 23

***TEAMS IN BOLD ARE HOME SCHOOL FOR DOUBLE DUAL MATCHES**