

# DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,  
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

## DAL TRACK SCHEDULE – FOOTHILL DIVISION Acalanes, Campolindo, Clayton Valley, Las Lomas, Miramonte, Northgate 2019-20

Approved: May 22, 2019

**Practice Starts: February 10, 2020; Start Time: 3:30 PM**

**DAL Frosh/Soph Meet: TBD**

**DAL League Meet: Trials: Saturday, May 2; Finals: Saturday, May 9;**

**Time: TBD; Site: Campolindo High School**

**NCS Tri-valley Championships: Saturday, May 16**

**NCS Meet of Champions: Friday and Saturday, May 22, 23**

**State CIF Championships: Friday and Saturday, May 29, 30**

### Wednesday, March 4

Las Lomas @ **Northgate**  
Miramonte @ **Campolindo**  
Clayton Valley @ **Acalanes**

### Wednesday, March 11

Northgate @ **Campolindo**  
Acalanes @ **Las Lomas**  
Clayton Valley @ **Miramonte**

### Wednesday, March 18

Acalanes @ **Northgate**  
Las Lomas @ **Miramonte**  
Campolindo @ **Clayton Valley**

### Wednesday, March 25

Northgate @ **Clayton Valley**  
Campolindo @ **Las Lomas**  
Miramonte @ **Acalanes**

### Wednesday, April 15

Northgate @ **Miramonte**  
Clayton Valley @ **Las Lomas**  
Campolindo @ **Acalanes**

**DAL League Meet: Trials: Saturday, May 2; Finals: Saturday, May 9**

**TEAM IN BOLD DESIGNATES HOST SCHOOL**