

DIABLO ATHLETIC LEAGUE

PAT LICKISS, COMMISSIONER

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Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord,
Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

DAL TRACK SCHEDULE – VALLEY DIVISION

**Alhambra, Benicia, Berean Christian, College Park, Concord,
Mt. Diablo, Ygnacio Valley**

2019-20

Approved: May 22, 2019

Practice Starts: February 10, 2020; Start Time: 3:30 PM

DAL Frosh/Soph Meet: TBD

DAL League Meet: Trials: Saturday, May 2; Finals: Saturday, May 9;

Time: TBD; Site: Campolindo High School

NCS Tri-valley Championships: Saturday, May 16

NCS Meet of Champions: Friday and Saturday, May 22, 23

State CIF Championships: Friday and Saturday, May 29, 30

Wednesday, March 4

Concord/Mt. Diablo @ **Benicia**
Ygnacio Valley/Berean Christian @ **College Park**
Alhambra - Bye

Wednesday, March 11

Alhambra/Mt. Diablo @ **Concord**
Benicia @ **College Park**
Ygnacio Valley/Berean Christian - Bye

Wednesday, March 18

College Park @ Concord/Mt. **Diablo**
Ygnacio Valley/Berean Christian @ **Alhambra**
Benicia - Bye

Wednesday, March 25

Concord/Mt. Diablo @ **Ygnacio Valley**/Berean Christian
Benicia @ **Alhambra**
College Park - Bye

Wednesday, April 15

Ygnacio Valley/Berean Christian @ **Benicia**
College Park @ **Alhambra**
Concord/Mt. Diablo - Bye

DAL League Meet: Trials: Saturday, May 2; Finals: Saturday, May 9

TEAM IN BOLD DESIGNATES HOST SCHOOL